

## Youthful adventure

New and exciting activities can boost team spirit and positive thinking. If parents join in adventure training activities with their children, it will also help to boost exchanges between them.

The Hong Kong Award for Young People Jockey Club Duke of Edinburgh Training Camp offers diversified events for people to strengthen bonds, such as family adventure, newly emerged sports and handicraft workshops.

News.gov.hk spoke to participants and organisers who explain the activities' benefits for families and youngsters.

The story is available at [www.news.gov.hk/eng/feature](http://www.news.gov.hk/eng/feature) today (July 25) in text and video format.