

# Workforce wellbeing in the spotlight at LLWR

News story

Company unveils series of initiatives during Mental Health Awareness Week.



Officials from Prospect trade union visited LLWR in 2019 to advise members during Mental Health Awareness Week.

LLW Repository Ltd (LLWR) has been working hard during Mental Health Awareness Week to ensure its workforce is best equipped to deal with wellbeing issues as the pandemic restrictions begin to ease.

The company unveiled an extensive new Employee Assistance Programme, with help on offer for everything from moving home to family crisis, illness and retirement, and of course, mental health.

Features during the week have included a photographic competition to 'Connect with Nature' (the theme for the week), information about the company's Wellness Action Plans for individuals returning to work following absence, and blogs from staff members, praising the benefits of the one to one counselling service, available free of charge through LLWR.

The twice weekly lunchtime virtual Tea and Chat sessions with the organisation's volunteer Mental Health First Aiders were another key element.

Mark Edgar, HR Manager, said: "We realise that given the 14 months we've had, with prolonged lockdowns and many members of our workforce continuing to work from home, we had to put great care into our communications around this week.

"Due to COVID 19 the stresses and strains on some have been greater than they might have been. I think we've struck the right tone in our communications, with helpful wellbeing information available every day, including the many routes to help for those who might need it."

Published 16 May 2021