

## [Promoting trade with Scotland in the US](#)

The US is Scotland's biggest inward investor and one of our major export markets. It's also where many of our tourists and international students come from.

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## [Scotland is a world leader](#)

Scotland is a progressive nation, brimming with innovation and confident of its role in the world. Today, Scotland is at the forefront of tackling some of the biggest issues of the 21st century.

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## [Getting on with the job this week](#)

From new funding to support veterans to reducing energy bills, we've been getting on with the job.

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## [Scotland's mental health strategy: what you need to know](#)

The SNP Scottish Government has launched its new ten-year Mental Health Strategy, setting out 40 actions to improve access to services and ensure people get help earlier.

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# A new ten-year strategy to improve Scotland's mental health

Today I want to talk about something which I know will be of huge personal importance to many readers – mental health.