

# News story: Defence Secretary and Prince Harry Award Gold to Supportive Employers

The award is the Ministry of Defence's prestigious badge of honour for organisations who have demonstrated outstanding support for the Armed Forces community. Hosted by Defence Secretary Sir Michael Fallon, the award presentation took place on Monday 9 October at the Imperial War Museum.

HRH Prince Harry thanked this year's winners and heard about successful initiatives providing veterans with a fair chance of starting a second career in diverse industries following military service. Other support measures in the workplace include flexibility for Reservists and mentoring and job opportunities for military spouses.

Defence Secretary Sir Michael Fallon said:

This year's Gold award winners should be extremely proud of the work they are doing to live up to the Armed Forces Covenant pledge and to promote the pledge to others.

I'm delighted to recognise employers who make it crystal clear that regardless of size, location, or sector, employing people with military skills is good for business. I hope others follow their example, thereby delivering a better deal for veterans and armed forces families.

Welcoming their Gold Award, Mike Brown MVO, Commissioner Transport for London said:

The technical expertise and skills that ex-service personnel have developed during their military service, such as problem-solving and working under pressure, are ideal for a number of roles within the transport industry and we are proud to count them amongst our employees.

The employers recognised with the ERS Gold distinction in 2017 for going above and beyond their pledges under the Armed Forces Covenant:

Airbus	Inverclyde Council	Shropshire Council
Balfour Beatty	Kuehne + Nagel	Skanska UK Plc
City Hospitals Sunderland NHS Foundation Trust	Laing O'Rourke	Sodexo UK & Ireland

Combat Pest Control	Liverpool City Council	South Central Ambulance Service NHS Foundation Trust
DHL	Mabway Ltd	Transport for London
DXC Technology	ManpowerGroup UK	West Midlands Fire Service
ER Systems Global	Metropolitan Police Service	Wiltshire Council
FDM	Morson Group	Wolferstans Solicitors
Forth Valley Chamber of Commerce	Network Rail	X-Forces
General Dynamics UK	NHS Golden Jubilee Foundation	
Hampshire Hospitals NHS Foundation Trust	North West Ambulance Service	
Hull City Council	Rhondda Cynon Taf County Borough Council	

The Employer Recognition Scheme encompasses three award tiers: Bronze, Silver and Gold. Gold Award winning employers have to first make pledges under the Armed Forces Covenant, then demonstrate and advocate their support for the Armed Forces. So far, 79 employers have been recognised with a Gold award.

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## [Speech: Defence Secretary launches partnership on mental health and wellbeing with the Royal Foundation](#)

I'm delighted to be here. Warfare's often seen in terms of battles of the body.

Today we recognise it's also about battles of the mind.

For those suffering from mental illness the damage trauma inflicts is no less real for being invisible, while the need to address mental, as well as physical shocks, is no less pressing.

It's not simply that the operational effectiveness of our forces depends on them being healthy, outside and in.

We have a duty of care to all who lay their lives on the line and a moral obligation to all who support them.

Now I think it's true to say that whether families or civilian staff, we're better at treating mental trauma than we used to be.

A century ago, in the First World War, an anonymous medical superintendent at one military hospital in York advised a shell shocked patient “to face his illness in a manly way”.

Today after 21st century conflicts in Afghanistan and Iraq where a lack of safe zones was compounded by the constant threat of roadside IEDs, we no longer expect people to simply “man up”, instead we offer expert help through Defence Medical Services for current personnel and through the NHS for veterans, families and civilians.

But with some 2.6 million veterans in the UK many at increased risk of developing mental illness, complacency is not an option.

Nor can our sole focus be on the frontline

## **PROMOTING MENTAL HEALTH AWARENESS**

So part of the reason we’re here today is to promote mental health awareness.

No current or ex-member of our Armed Forces family should have to keep quiet about their illness for fear of being thought a failure.

And here I’d like to pay particular tribute to the work of HRH Prince Harry.

As a former serviceman, few understand these matters better.

He has set an inspirational example in speaking about the challenges he has faced.

And having used the Invictus Games to draw attention to the physical effects of war he’s now tackling the taboo of mental illness head on.

And we look forward to hearing from him in a moment.

Our strategy to address mental health issues, is about more than just raising awareness, important though that is.

## **PREVENTION**

It’s also about prevention.

Mental health conditions are treatable but we have to be better at spotting the signs

Better directing people to the right treatment and doing more to help those suffering from everyday stresses and strains to deal with the challenges they face.

## **DETECTION**

Second our plans are about better detection.

And today's Royal Foundation Partnership will give individuals the means to identify what's wrong earlier on and our leaders the practical tools they need to support their colleagues.

## **TREATMENT**

Finally, it's about better treatment. We're focused on putting proper treatment in place.

Earlier this year the Prime Minister introduced a package of reforms to improve mental health support throughout a person's life.

Our Defence People Mental Health and Well-being Strategy builds on those plans for our Whole Force utilising the best evidence based practice and joining the dots between the National Health Service, devolved administrations, key service charities, our own Defence Medical Services and academia to provide a more seamless service.

Our new Veterans board announced last week will now co-ordinate all veterans-related work right across government and give this work today much needed focus.

## **CONCLUSION**

So let me conclude, before welcoming His Royal Highness by saying that in a 24-hour society, of constant communication, intensifying threats and multiplying daily pressures it's never been more vital for members of the military to keep mind, body and soul together.

But by joining forces with them, we can shine the spotlight on these hidden scars of mental illness.

We can help change the environment long-term.

We can help combat outdated attitudes and create a culture of well-being, so no member of our Armed Forces Family ever has to suffer in silence again.

Would you please welcome His Royal Highness.

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## **Red Arrows tour finale thrills Bahrain**

**A final public display of 2017 has been carried out in Bahrain by the Red Arrows.**

The Royal Air Force Aerobatic Team was watched by crowds at the city's seafront, marking the end of the team's 53rd season and

also a significant tour of the Mediterranean and Gulf supporting United Kingdom interests.

Wing Commander Andrew Keith, Officer Commanding, Royal Air Force Aerobatic Team, the Red Arrows, said: "Our busy schedule has meant the whole team, both aircrew and essential support staff, have worked hard, often in extreme temperatures, but it has been worth it.



"Representing the UK, we have highlighted links with close friends in the region and helped to forge new ones, across a range of industries and sectors."

The overseas deployment, known as Exercise Eastern Hawk, has focussed on British expertise in the fields of aviation, technology, engineering and education.

As well as the display, pilots and personnel of the Red Arrows' ground support team met women's networking groups, members of the business community and also students in Bahrain.



The five-week overseas tour began with a flight over the Cannes Yachting Festival – highlighting British industry at the event – before visiting Athens Flying Week, Jeddah in Saudi Arabia, Kuwait, Qatar, Oman and Pakistan. A flypast over Riyadh, Saudi Arabia, follows the full display in Bahrain.

The British Ambassador to Bahrain, Simon Martin, said: "I'm delighted that the team are back to represent the best of British innovation and excellence within the Royal Air Force, which shows the UK's commitment to strengthen its relations with Bahrain."

One of the Red Arrows' key roles is as national ambassadors, supporting UK trade, business, education and industry – most recently in conjunction with the GREAT Britain campaign.



The Bahrain display was also the last show of the Red Arrows' 2017 season, which included a busy domestic programme across the UK before the overseas deployment.

It was the final public display for four of the pilots who have reached the end of their period with the team.

This includes Red 1, Squadron Leader David

Montenegro, who has finished his second, three-year, stint with the team – with 2015-2017 as Team Leader.

Flight Lieutenant Tom Bould, who is Red 6, and Flight Lieutenant Emmet Cox, Red 9, have completed their three-year tours with the team.

And also leaving is Red 10, Squadron Leader Mike Ling, who has completed nine years in the team – more than any other Red Arrows pilot – and the last six years as supervisor and team commentator.



The Red Arrows are based at RAF Scampton in Lincolnshire and are famous for flying BAE Systems Hawks in a Diamond Nine formation.

For more information about the team, follow @rafredarrows on Twitter, see the latest images posted on Instagram by following rafredarrows, like RAF Red Arrows on Facebook or visit [www.raf.mod.uk/reds](http://www.raf.mod.uk/reds)

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## [News story: Ministry of Defence and Royal Foundation launch new partnership to improve mental health](#)

The joint initiative between the MOD and the Royal Foundation of The Duke and Duchess of Cambridge and Prince Harry builds on the MOD's recently launched mental health and wellbeing strategy, which outlines how the department will improve the mental health of its serving military and civilian personnel, their families, and veterans.

It will see the Royal Foundation provide advice and resources to the MOD to improve training, education and information sharing for the entire Armed Forces. The work will include annual briefings, websites and specialist support to raise awareness of the importance of good mental health.



HRH Prince Harry speaks at the launch of today's partnership between the MOD and the Royal Foundation.

Defence Personnel will be encouraged to use psychology and well-being in the same way as athletes do to maximise performance, emphasising the idea that mental fitness is as important as physical fitness when working as part of the Armed Forces.

The resources will be integrated into staff training courses and briefing processes across the Armed Forces from the middle of 2018, and will be widely available online, to strengthen the mental health support and services already available to Defence personnel.

Announcing the partnership, Defence Secretary Sir Michael Fallon said:

By looking after our mental health we are building a more effective armed forces that helps keep this country safe. Our soldiers, sailors and airmen are the best in the world but we will only maintain that if we are as serious about improving mental health as we are our combat skills and cutting-edge technology. So partnering with key groups like the Royal Foundation is an important part of our strategy to improve the wellbeing of our serving Armed Forces and veterans.

Sir Keith Mills, Chairman of the Royal Foundation said:



Through our work with the Invictus Games, the Endeavour Fund, and most recently the Contact coalition through Heads Together, the Royal Foundation has had the privilege of convening some of the best expertise in the field of military mental health. We are delighted that this new partnership with the Ministry of Defence will see the UK leading the way internationally in prioritising the mental fitness of its entire defence community.

While rates of mental disorder are slightly lower in the Armed Forces (3.2%) than in the general population (3.5%), improving the mental health of the MOD's entire workforce is a key priority.



Sir Michael Fallon and Sir Keith Mills, Chairman of the Royal Foundation, sign the partnership agreement.

The Defence People Mental Health and Wellbeing Strategy 2017-2022, launched in July, builds on five years of research and aims to develop a coordinated approach to prevent, detect, and treat mental health and wellbeing issues, as well as introduce measures to promote the importance of mental health.

As part of that strategy, the MOD committed to collaborate with the Royal Foundation to produce Mental Health training to embed within compulsory courses and work with them on communications material. Today's announcement delivers on that promise.

The wider Strategy includes plans to:



- Encompass all Defence People – serving Armed Forces members (Regulars and Reserves), military families, veterans, and MOD civil servants;
- Introduce standardised mental health and wellbeing education and training for all those working in Defence;
- Invest in research on resilience training to ensure that individuals are as mentally fit as they can be to prevent depression and anxiety and monitoring of groups who are more likely to suffer from mental health issues, such as combat troops and medical personnel in support of them;
- Improve access to clinical assessment (such as through digital delivery) and prioritisation for treatment;
- Develop partnerships with key service charities in order to continue anti-stigma campaigning initiatives and share best practice;
- Improve communication to the workforce about what help is on offer.

The Royal Foundation of The Duke and Duchess of Cambridge and Prince Harry has made mental health one of its key priorities. The Foundation operates by bringing together people and organisations with passion and expertise to tackle issues that are close to the heart of Their Royal Highnesses.

As part of its work with the Invictus Games, Endeavour Fund, and most recently Heads Together the Foundation has partnered with veterans charities and experts to lead awareness raising activity and to provide support for veterans and serving military personnel as they recover from both physical and emotional challenges.

The Foundation is delighted to have the opportunity to make the most of its expertise and partnerships in this area for the benefit of the Armed Forces.

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## **News story: New Chair of the Defence Science Expert Committee appointed**

Professor Hugh Griffiths, FREng has been appointed as the new chair of the Defence Science Expert Committee (DSEC). DSEC provides authoritative, independent, informed, impartial and timely advice on the use of science, technology, analysis and maths regarding non-nuclear matters to MOD Chief Scientific Advisor (CSA) and senior MOD officials.

Prof Griffiths brings with him a wealth of experience from the academic and defence communities. He is world-leading academic research in the field of radar and radar signal processing. Prof Griffiths has won many accolades during his distinguished career. These include, the Queen's Anniversary Prize for Higher and Further Education and the 2017 Institute of Electronics and Electrical Engineers (IEEE) Picard Medal for exceptional contributions to radar research. He has Chaired and sat on a wide variety of organisations and panels over his career so will bring to bear extensive insight and knowledge to the role.

Prof Griffiths succeeds the outgoing Chair, Professor David Delpy, FRS. Prof Griffiths' appointment to Chair of DSEC is from 01 October 2017 for an initial term of three years. Prof Griffiths' first priority is to recruit new Independent DSEC Members.