

[Mental Health Awareness Week: A Forgotten Disorder](#)

Content warning: this blog post will discuss issues relating to eating disorders

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Author:

[Lib Dems are rocketing up in the polls!](#)

There was a new round of EU election opinion polling in this weekend – and **the Lib Dems are performing amazingly!**

The data released has us between 12 and 15% – **the highest we've been in years**, with big increases in all 3. If we carry on this momentum, we could well record our best European election showing – ever! **We're already well above the Conservatives – and getting close to challenging Labour for second place.**

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[Bridging Brexit](#)

We are a proud European party, and we want to keep it that way!

As a part of us wanting to remain in the EU, we are excited to announce our new joint project with the German liberal party Free Democratic Party.

It will allow you make direct contact with a new German friend to exchange ideas to help bridge the divide that has been caused by nationalism and misconceptions.

Where others in UK want to tear us apart from Europe, we want to build bridges!

Sign up at the [website](#) to receive the email address of a like-minded German and bring us closer together!

#StopBrexit at <https://bridging-brexit.eu/>



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[Our manifesto launch – putting the party back in party politics](#)

WARNING: there are naughty words ahead. Stray political editors from the Daily Express may find their sensibilities offended!

We launched our EU manifesto yesterday: **Bollocks to Brexit**. It's as bold as the name suggests – committing us to:

✓☐ A People's Vote

✓☐ Defending our fishing rights from being traded away

✓☐ A carbon-neutral EU by 2050

And much, much more. You can read the full manifesto here: [The Bollocks to Brexit Manifesto](#)

A greener, safer Britain requires us to stop Brexit.

Ed Davey MP

The launch event in London was great fun – with popcorn, fab speeches and, most importantly:

Many thanks to [@SalBrinton](#) for teaching us all to say Bollocks to Brexit using sign language.

Let's just say it involves two large cupping motions.

– George Osborn (@GeorgeOsborn) [May 9, 2019](#)

We had some amazing speeches from our MPs too – Ed Davey spoke about the importance and value of international cooperation on addressing the climate emergency and fighting criminal activity. As he said – **a greener, safer Britain requires us to stop Brexit.**

This is not the time to turn on our closest allies in Europe

Jo Swinson MP

Jo Swinson implored: at a time when the tide of populism is great, with Trump in the West and Putin in the East, **this is not the time to turn on our closest allies in Europe.** She reminded us that we backed a People's Vote long before it was fashionable – and how good it is that people are joining our campaign, from all parties and none.

Last up was Vince. On his 76th birthday (Europe Day no less!) he was unapologetic about the rights we enjoy as EU citizens. Not just our right to work and study abroad, but the rights of those from European countries to come here. We welcome them and value their contributions.



Every vote for the Liberal Democrats is a vote to stop Brexit

Vince Cable MP

He also stressed – it's not about fighting other remain parties. Since the beginning of the year, poll after poll has been telling us that the UK is now a Remain country. **We want to stop Brexit and get on with addressing the big issues that face our country.** Which is why it's a travesty that Nigel Farage is topping the polls in a national election. A man that has sown division, violence and racial abuse in our country.

But Nigel Farage, Theresa May and Boris Johnson will all take votes for the Brexit party, the Conservatives or Labour as a vote to crash out the EU. **There's only one way to send a strong "stop Brexit" message – and that's to vote Liberal Democrat.**

Our message is clear – **every vote for the Liberal Democrats is a vote to stop Brexit.** We're the biggest, strongest Remain party and have been since we were the first to call for a People's Vote in June 2016.

We want to remain in the EU because it's best for our economy, our public services and our environment. **There's no Brexit deal better than our membership of the European Union.** Especially not the hard Brexit being pushed by Theresa May and aided by Jeremy Corbyn.

And, frankly, they didn't have videos like this (thanks BBC This Week!):

'Never Mind The Bollocks, Here's The Liberal Democrats'
[@bbcthisweek](#) [#bbctw](#) [pic.twitter.com/KqpCuJMF0L](#)

– Louis Harris-White (@lharriswhite) [May 10, 2019](#)

Our amazing local election results showed that we can win all across the United Kingdom. And now, that momentum's transferring. **More and more people are saying they'll vote Lib Dem on the 23rd May to stop Brexit.** Say you're with us – pledge your vote today:

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[Stop Brexit – the Lib Dem manifesto for Europe](#)

Today, we're launching our EU manifesto. We're running our campaign on a clear message – **a vote for the Liberal Democrats is a vote to stop Brexit.**

We were the first to call for a People's Vote in 2016 – and we haven't stopped fighting for it, nearly 3 years later. **We want Britain to remain in the EU because it's best for our economy, our public services and best for the environment.**

The people who want to Remain will have to choose at these European elections. I think they will choose the strongest of Remain parties, which is clearly the Liberal Democrats.

A vote for the Liberal Democrats is a vote to [#StopBrexit](#)
[#EUElections2019](#) [pic.twitter.com/5ndkIdWL78](#)

– Vince Cable (@vincecable) [May 9, 2019](#)

Liberal Democrats demand better than Brexit.

Parliament is in deadlock, as Theresa May and Jeremy Corbyn try and fail to push Brexit through. **They're failing to tackle climate change, rebuild our public services and fight the inequality that's robbed opportunity from so many.**

Let's break the logjam – stop Brexit, and turn our attention to reuniting our country. **Let's build a Britain that's truly internationalist, open and liberal.**

So, without further ado, here's our plan to fight these burning issues.
Here's our manifesto to stop Brexit.

Read the Liberal Democrat manifesto for Europe now

[Read now](#)

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