

# [Press release: Planned roadworks in the East of England: weekly summary for Monday 3 to Sunday 9 April 2017](#)

The following summary of planned new and ongoing road improvements over the coming week is correct as of 31 March 2017 but could be subject to change due to weather conditions or unforeseen circumstances. All our improvement work is carried out with the aim of causing as little disruption as possible.

## **M11 junction 8 (Bishop's Stortford) to junction 9 (Great Chesterford): congestion improvements**

Work to improve congestion on the M11 by installing signs to restrict lorries from using lane 2 between 7am and 7pm on uphill sections of the carriageway in both directions between junctions 8 and 9 will continue this week and due to be completed in early. Lane closures will be in place in both directions overnight, between 10pm and 6am, from Monday 27 March for five nights.

## **A1 Brampton Hut to Sandy: routine maintenance**

Work to improve safety by carrying out routine inspections of electrical equipment and structures continues this week. Lane closures will be in place overnight, between 8pm and 6am, until summer 2017.

## **A5 to M1 link (Dunstable northern bypass), Bedfordshire: major improvement**

Work to improve journeys by reducing congestion with the construction of a new dual carriageway running east from the A5 north of Dunstable and joining the M1 at a new junction 11a continues this week.

Lane closures will be in place on the M1 between junctions 10 and 13 overnight, between 10pm and 6am, from Monday 3 April for five nights.

Temporary traffic lights will be in place on the A5 and A505 overnight, between 8pm and 6am, and during daytime between 9.30am and 3.30pm, from Monday 3 April for five days.

The scheme is due to be completed in June 2017. For further information, [visit the scheme website](#).

## **A11 Babraham, Cambridgeshire: resurfacing**

Work to improve journeys by carrying out resurfacing concludes this week. The A11 eastbound will be closed between the M11 junction 9 (Stump Cross interchange) and the A1307 (Fourwentways interchange) overnight, between 8pm

and 6am, on Monday 3 April. A clearly signed diversion will be in place via the M11 and A14.

## **A11 Red Lodge: carriageway improvements**

Work to improve the quality of the concrete carriageway on the A11 northbound between Red Lodge and Barton Mills concludes this week. The northbound carriageway will be closed between Red Lodge and Barton Mills overnight, between 8pm and 6am, on Monday 3 April. A clearly signed diversion route in place via the A14 towards the Bury St Edmunds, before leaving at junction 40 and then take the B1103 towards Fornham All Saints, then take the A1101 towards Lackford and Icklingham and then continue until re-join the A11 at the Barton Mills roundabout.

## **A14 Cambridge to Huntingdon, Cambridgeshire: major improvements**

Work to improve journeys and reduce congestion on the A14 between Cambridge and Huntingdon continues this week. This week the following closures will be in place overnight, between 8pm and 6am:

- Monday 3 April: northbound A1 fully closed between Brampton Hut and Alconbury, lane 2 closed northbound between Bampton and Brampton Hut and lane 1 closed on the eastbound A14 between junction 30 and 31
- Tuesday 4 April: northbound A1 fully closed between Brampton Hut and Alconbury and lane 2 closed northbound between Bampton and Brampton Hut
- Wednesday 5 April: northbound A1 fully closed between Brampton Hut and Alconbury and lane 2 closed northbound between Bampton and Brampton Hut
- Thursday 6 April: northbound A1 fully closed between Brampton Hut and Alconbury, lane 2 closed northbound between Bampton and Brampton Hut and lane 1 closed on the A14 at junction 23
- Friday 7 April: northbound A1 fully closed between Brampton Hut and Alconbury, lane 2 closed northbound between Bampton and Brampton Hut and lane 1 closed on the A14 at junction 23

The scheme is due to be completed in March 2021. For further information, [visit the scheme website.](#)

## **A47 Dogsthorpe, Cambridgeshire: junction improvements**

Peterborough City Council is continuing its junction improvements at the A47/A15 Dogsthorpe junction, Peterborough. Lane closures will be in place 24/7 on the A47 with some overnight full closures.

The scheme is due to be completed in spring 2017. For further information, [visit the scheme website.](#)

## **A120 Marks Tey to Marks Farm, Essex: resurfacing and lighting**

Work to improve journeys by carrying out resurfacing and lighting maintenance continues this week. The carriageway will be closed in both directions between West Street and the B1024, Coggeshall overnight, between 8pm and 6am, from Monday 3 April for five nights. A clearly signed diversion will be in place via the A131, A130, A12 and vice versa.

In addition, temporary traffic lights will be in place on the A120 between Marks Farms and Marks Tey overnight, between 8pm and 6am, from Monday 3 April for five nights. Work is due to be completed in May.

## **A12 Chitts Hill footbridge Colchester, Essex: foot bridge maintenance**

Work to re-waterproof and resurface the Chitts Hill Footbridge continues this week. The bridge remains closed 24/7 with a pedestrian diversion route in place via Chitts Hill and Halstead Road. Work is due to be completed in April.

## **A12 Ewell Bridge, Kelvedon, Essex: bridge repairs**

Work to repair the damaged bridge continues this week. The bridge remains closed 24/7 with a pedestrian diversion route in place via Highfields Lane, Maldon Road, Ewell Hall Chase and vice versa.

## **A12 Porters Park bridge, Boreham, Essex: maintenance**

Work to improve journeys by re-waterproofing and resurfacing the Porters Park (Waltham Road) bridge continues this week. Temporary traffic lights will be in place during daytime hours, between 8am and 5pm, from Monday 3 April for five days.

## **A120 Colchester to Hare Green, Essex: barrier maintenance**

Work to renew the central reservation barrier between A12 junction 29 and Hare Green continues this week. Narrow lanes on the westbound carriageway and narrow lanes with a 50mph speed limit on the eastbound carriageway remain in place.

The westbound carriageway will be closed overnight, between 8pm and 6am, from Saturday 8 April for two nights. A clearly signed diversion will be in place via the A133 and A1232 to A12 junction 29.

In addition, lane closures will be in place on the eastbound carriageway

overnight, between 8pm and 6am, from Monday 3 April for five nights.

Work is due to be completed in April.

## **A120 Wix, Essex: drainage maintenance**

Work to repair drainage along the A120 near Wix continues this week. Temporary traffic lights and a 40mph speed limit will be in place overnight, between 8pm and 5am, from Monday 3 April for five nights. Work is due to be completed in May.

## **Safety at roadworks**

Highways England is working with the industry and road users to reduce the risks of working on the roads. For the safety of road workers and all road users, when you are approaching roadworks:

- keep within the speed limit – it is there for your safety
- get into the correct lane in good time – don't keep switching
- concentrate on the road ahead, not the roadworks
- be alert for works' traffic leaving or entering roadworks
- keep a safe distance – there could be queues in front
- observe all signs – they are there to help you
- be alert for road workers, the roads are their workplace

## **General enquiries**

Members of the public should contact the Highways England customer contact centre on 0300 123 5000.

## **Media enquiries**

Journalists should contact the Highways England press office on 0844 693 1448 and use the menu to speak to the most appropriate press officer.

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## **[Press release: Planned roadworks in Yorkshire and the Humber: summary for Monday 3 April to Sunday 9 April 2017](#)**

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## **M1 junction 32 Thurcroft to junction 35a Stocksbridge**

The northbound exit slip road at junction 32 will be closed overnight for two nights from Saturday 8 April. The southbound entry at junction 34 will be closed overnight on Monday 3 April. The southbound entry at junction 33 will be closed overnight on Tuesday 4 April. The works are for the smart motorway scheme. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **M62 junction 27 Gildersome**

The eastbound entry slip road will be fully closed overnight on Wednesday 5 April for technology works. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **M18 junction 4 Armthorpe**

The southbound exit slip road will be closed overnight for two nights from Saturday 8 April for bridge works. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **M180 junction 1 to junction 3 Midmoor**

The eastbound carriageway will be fully closed overnight for five nights from Monday 3 April for carriageway repairs. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **M621 junction 2 Elland Road**

The entry slip road at junction 2 will be fully closed overnight on Monday 3 April for electrical works. The exit slip road at junction 2 will be fully closed overnight on Wednesday 5 April for electrical works. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **A64 Scagglethorpe to West Knapton**

The carriageway will be fully closed overnight for five nights from Monday 3 April for carriageway repairs. The closures will take place between 8pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **A64 Pickering Interchange**

The eastbound carriageway will be fully closed between the slip roads overnight for five nights from Monday 27 March for carriageway repairs. The closures will take place between 9pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **A64 Hopgrove to Stockton**

The eastbound and westbound carriageway will be fully closed overnight for five nights from Monday 3 April for carriageway repairs. The closures will take place between 9pm and 6am, and drivers will be able to follow clearly signed diversion routes.

## **A64 Musley Bank**

The eastbound exit slip road will be fully closed overnight for five nights from Monday 3 April for carriageway repairs. The closures will take place between 10pm and 6am, and drivers will be able to follow clearly signed diversion routes.

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## **[Press release: Planned roadworks in the North West: summary for Monday 3 to Sunday 9 April 2017](#)**

The following summary of planned new and ongoing road improvements over the coming week is correct as of Friday 31 March and could be subject to change due to weather conditions or unforeseen circumstances. All our improvement work is carried out with the aim of causing as little disruption as possible. Drivers looking for roadworks information (such as overnight carriageway closures) for individual schemes should now [visit Traffic England](#). Some of our larger schemes have project pages giving other information. These can now be accessed from [a dedicated regional page](#).

## **M53 junctions 1 to 2 (Wallasey to Upton)**

Work to upgrade the safety barrier in the central reservation between junctions 1 and 2 on the M53 started on Monday 6 February. Lane closures will be in place overnight, with some full carriageway closures later in the project.

## **M56 junctions 10 to 11 (Stretton to Preston Brook)**

Work to upgrade the safety barrier and paint new road markings on the M56 near Warrington started on Monday 30 January. Lane closures will be in place overnight between 8pm and 5am, Monday to Friday.

## **M6 junctions 16 to 19 (Cheshire smart motorway)**

Work is underway to upgrade the M6 to a smart motorway between Crewe and Knutsford, converting the hard shoulder to an extra lane and introducing new variable speed limits. Narrow lanes and a temporary 50mph speed limit are in place for the safety of drivers and workers. Overnight lane closures are in place this week on both carriageways.

## **M6 junction 21a/M62 junction 10 (Croft Interchange)**

Construction work is taking place on a major project to tackle congestion and improve the flow of traffic between the M6 and M62 at Croft Interchange. A 50mph speed limit, backed by average speed cameras, will be in place along main carriageways of both the M6 and M62 and interchange link roads. Some overnight slip road closures will also take place.

## **M6 junctions 29 to 30 (M65 to M61 interchanges)**

Overnight resurfacing work is taking place on the M6 between 8pm and 5am, Monday to Friday. Clearly signed diversions will be in place, and the scheme is due to be completed in May.

## **M6 junction 38 Tebay**

Night time single lane running 8pm to 6am with 2 lanes open during the day with a temp speed limit of 50mph Southbound. Works are for resurfacing and will be complete by the 9 of April

## **M60 junction 8 to M62 junction 20 (Sale to Rochdale)**

A major smart motorway scheme is taking place to cut congestion and improve journey times on parts of the M60 and the M62 in Greater Manchester. The scheme involves overnight slip road and carriageway closures, with narrow lanes and a temporary 50mph speed limit in place for the safety of drivers and road workers.

## **A556 Knutsford to Bowden**

The following closures are in place:

- overnight closures 9pm to 5am on Thursday 6 April and Friday 7 April.
- A556 in both directions from Bowdon roundabout to M6 junction 19

- M56 junction 7 exit slips in both directions
- M56 junction 7 eastbound access slip
- M6 junction 19 southbound exit slip

A56 Lymm Rd to Dunham Rd- will be controlled by traffic signals allowing access from Lymm to Altrincham and vice versa.

## **A56 Haslingden Bypass between M66 Junction 1 and A680 Bent Gate roundabout**

Work is due to start 27 March for approximately two weeks to include the replacement of traffic sensors and cables and renewal of road markings.. Road closures on the northbound and southbound carriageways, between 8pm and 5am (by 7am at weekends), Monday to Friday, will be in place on the A56 Haslingden Bypass between M66 Junction 1 and A680 Bent Gate roundabout.

## **A585 Amounderness Way, Thornton**

Temporary traffic lights will be in place between West Drive and Bourne Way until the end of May for maintenance and inspection work.

## **A66 Bassenthwaite Lake**

A contraflow system is in place while work is carried out on the embankment in the central reservation next to Bass Lake. The scheme is due to be completed in the spring.

## **A66 Keswick**

Work started on Monday (20 March) on a 6 week bridge repairs project on the bridge over the River Greta. This is a dual carriageway stretch of the road and 1 lane will be closed in each direction during the work – between Crosthwaite roundabout and Brierley Interchange – with a 40mph speed limit in place. Work will take place between 6am and 8pm each day. Laybys in the area and a footpath under the bridge will be closed throughout the scheme. There will also be a ban on vehicles over 44 tonnes using the bridge, again for the duration of the work.

## **A66 Thornthwaite (Osprey Site)**

Flood resilience work is continuing with overnight carriageway closures in place between 8pm and 6am until the end of March. Clearly-signed diversions are in place. During the day, temporary traffic lights are in use along with a 40mph speed limit.

## **A66 Marron Bridge**

Maintenance is underway on Marron Bridge, between Broughton Cross and Bridgefoot. Overnight closures are in place between 9pm and 5am, with a



clearly-signed diversion. Due to the temporary bridging plates, a 30mph speed limit backed by speed cameras is required during the day.

## **B6167 Lancashire Hill (M60 junction 1 to 27 Cycleway improvement scheme)**

A 24 hour lane closure and footpath closure will be place on the B6167 Lancashire Hill between the junctions of Nicholson Street and Knightsbridge from 8 March for ten weeks for a cycle improvement scheme.

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## **[News story: Lasting and enduring power of attorney fees are changing](#)**

From 1 April 2017, the fees for applying to register lasting powers of attorney (LPA) and enduring powers of attorney (EPA) reduce from £110 to £82, with the fee for resubmitting an LPA for registration reducing from £55 to £41.

### **Why the change is happening**

The fee reduction has been made possible by the high number of applications [OPG](#) is processing and efficiencies which have driven down the cost of providing the service. Ministers hope that cutting fees will encourage even more people to take out LPAs, providing peace of mind for themselves and their families.

### **How this change affects LPA and EPA applications**

LPA and EPA applications paid for from 1 April 2017 onwards will be charged £82.

For those who recently submitted an [LPA](#) or [EPA](#) application with a payment of £110 that's paid for after 1 April 2017, the difference will be refunded to the individual who made the payment.

For those who applied through a third party such as a solicitor, the solicitor will be notified and the payment will be returned to the person who paid the original registration fee. The money will go directly into that person's bank account.

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## [News story: Headley Court partners with Loughborough University for research study](#)

The Biomechanical Associations and Efficacy of Injectable Therapies in Tendinopathy (BEFIT) study is funded with a grant from the Higher Education Funding Council for England and brings together university academics and MOD collaborators to investigate risk factors and treatment of tendon pain in our regular armed forces.

The main focus of the project is a randomised controlled trial investigating the effect of high volume injection therapy in Achilles and patellar tendinopathy. There have been some encouraging results from other centres but currently there is no controlled study to provide evidence for the use of these injections in military personnel.

Commenting on the importance of this programme the Director of Defence Rehabilitation, Col John Etherington, said:

Reducing musculoskeletal injuries (MSKI) remains our main effort in improving the health and operational readiness of our personnel. We know that approximately 60% of medical downgradings and 60% of medical discharges are associated with MSKI. Getting the very best treatment at the right place and at the right time is key to us helping our personnel fulfil their potential. I am delighted that we have been able to pool resources in this type of project to drive forward best practice.

The research has made good use of the Help for Heroes motion tracking laboratory at Headley Court together with Loughborough University biomechanics. Factors which may predict tendon pain and its response to treatment are also being analysed.

BEFIT study clinic. Crown Copyright. All rights reserved

Gp Capt Alex Bennett the Head of Research at Headley Court and Defence Professor for Rehabilitation described the need for this research within defence:

This well designed clinical trial has been approved not only by the MOD Research Ethics Committee but also the Medicines and Healthcare products Regulatory Agency and gives us the best opportunity to test fully whether these injections can benefit our patients.

Professor Mark Lewis, Dean of the School of Sport Exercise and Health Sciences at Loughborough University said:

The relationship between Loughborough University and the Academic Department of Military Rehabilitation at Headley Court via the National Centre for Sport and Exercise Medicine is of critical importance to the university. This project not only cements that relationship but, more importantly, has the potential to deliver huge benefits to tendinopathy sufferers in the UK military and more widely to the general public. We are grateful to the HEFCE for supporting this project through a Catalyst fund.

A dedicated BEFIT study clinic has been established at DMRC Headley Court. Anyone with questions about the research programme should email Sqn Ldr Robert Barker-Davies at [DMRC-SEM3@mod.uk](mailto:DMRC-SEM3@mod.uk) or phone 95238 ext 7497 or 01372371310.