

Territory-wide Physical Fitness Survey for the Community to hold additional testing time slots to address overwhelming response

The Territory-wide Physical Fitness Survey for the Community test days organised by the Leisure and Cultural Services Department (LCSD) will hold additional testing time slots in July and August in view of the overwhelming response, so that participants could have a general understanding of their own fitness conditions, as well as understand the importance of physical fitness for health and exercising regularly in daily life.

The survey aims to set up a database on the physical fitness of Hong Kong people, identify the relationship between physical exercise patterns and the physical fitness of Hong Kong people, and assist the Government in identifying priority areas for improvement to enhance the overall physical fitness of the community.

Members of the public are welcome to join the activities for free. Participants who complete the survey will receive a souvenir pack and a physical fitness test report. Details of the test days are as follows:

Date: July 25 (Monday)

Time: noon to 6.30pm (last session is 5.30pm)

Venue: Chuk Yuen Sports Centre (Chuk Yuen North Estate, Chuk Yuen Road, Wong Tai Sin, Kowloon)

Login ID and password: Testday0725

Age group: 17 to 59

Date: July 28 (Thursday), August 1 (Monday) and August 2 (Tuesday)

Time: July 28 (4pm to 10pm, last session is 9pm); August 1 and 2 (3.30pm to 9.30pm, last session is 8.30pm)

Venue: Kowloon Bay Sports Ground (1 Kai Lok Street, Kowloon Bay)

Login ID and password: KBSG

Age group: 17 to 59

Date: August 10 (Wednesday)

Time: 3pm to 5pm (last session is 4pm)

Venue: Shun Lee Tsuen Sports Centre (33 Shun Lee Tsuen Road, Kwun Tong, Kowloon)

Login ID and password: Testday0810

Age group: 17 to 59

Date: August 17 (Wednesday), August 22 (Monday), August 29 (Monday) and August 31 (Wednesday)

Time: 4pm to 10pm (last session is 9pm)

Venue: Hammer Hill Road Sports Ground (158 Hammer Hill Road, Diamond Hill, Kowloon)

Login ID and password: HHRSG

Age group: 17 to 59

Members of the public who would like to take part in the survey can register on the designated webpage (pfs2021.com.hk) under the "Registration Login for Invited Participants" section by using the above-mentioned specified login ID and password, and select a time slot for the test. The survey will last around an hour. Walk-in registration is also available at the venues on a first-come, first served basis.

In addition, the LCSD will also offer additional quotas for test days to be held on August 4 and August 14 at Tsing Yi Southwest Sports Centre (70 Chung Mei Road, Tsing Yi) and Tiu Keng Leng Sports Centre (2 Chui Ling Road, Tseung Kwan O) respectively. Interested parties can register for the survey by using Testday0804 and Funday0814 as the login ID and password respectively.

All participants are reminded to wear masks, have their body temperature checked and scan the "LeaveHomeSafe" QR code. In accordance with the Prevention and Control of Disease (Vaccine Pass) Regulation (Cap. 599L) and relevant requirements of administrative instructions, all persons entering or remaining at the scheduled premises or other indoor venues under the management of the LCSD must comply with the requirement of the third stage of the Vaccine Pass.