<u>Getting things done - Peddie Street</u> <u>#dundeewestend</u>

Residents recently raised with me the very overgrown grass in Peddie Street running alongside the industrial units.

I am grateful that the City Council has acted upon my request to have this tidied :



Before



After

Harris Education and Recreation Association — HERA new classes #dundeewestend

Here's the details of the upcoming evening classes from HERA — together with information about enrolment night — click on the images below to enlarge and also more details are available here :

PILATES

£36

Venue: Blackness Library
Pilates with Ali Henderson is a fabulous
full body workout. Gentle enough to be suitable for
all ages and abilities, yot effective in strengthening
the core and aiding flexibility & balance. Improve
your posture, ease your niggly back and boost your
overall well-being.
Bring your own mat.

DRESSMAKING

£76

Venue: Harris Academy
Have your sewing machine skills become a little
rusty or you'd like to learn a new technique? As a
dressmaker for nearly 30 years, Ruth Alexander will
guide you on to projects from a tangle of threads to
the perfect fit.

Rasin sequence projected for

Basic resources provided. Bring your own PAT tested sewing machine and sewing kit.

FRENCH

£66

Tutor Lynne Topping has many years experience of teaching adult classes in French. Classes are informal, based on paired group conversations. Topics covered include: food, self & family, daily routine, socialising & travel.

Bring a pen and paper.

JEWELLERY

591

Venue: Harris Academy
The beginners jewellery class will introduce basic tools and simple techniques for crafting your own hand-made jewellery. Learn how to make wire jewellery using beeds and found objects, such as see glass. This course will offer a unique opportunity to make either a treat for yourself or the perfect gift. All tools, wire & beads are included. Bring along your own objects if you wish & a notebook for ideas.

PHOTOGRAPHY

£64

Venue: Harris Academy
Arran Sulley will help beginners to take their images
to the next level. No need for fancy cameras: dslr,
point & shoot and phones are all welcome.
Topics include: aperture & shutter priority, tripods,
low light & studio lighting. The class is very informal
with an opportunity for a small exhibition at the end
of the course.

DRAWING & PAINTING

£66

Venue: Harris Academy
Learn drawing 8 painting with local artist Rod Smith in a relaxed, supportive and sociable atmosphere - at your own page - to background music. Create landscape, portrait or still life paintings to take home. Enjoy meeting visiting artists, demos and discussions too.

Bring your own materials.

CROCHET

£50

Venue: Harris Academy
Ellie Fiddes' course covers all crochet basics and
allows you to work at your own rate. Once you have
mastered the basics you can move on to a project
of your choice, with expert tutor support, or you
can continue learning various techniques. This class
provides a flexible framework for both complete
beginners & those wanting to improve existing skills.
Includes resources

PAPERCRAFT

£

Venue: Harris Academy
Tutor Phillipa Handling has over 20 years experience
with paper crafting. Come along and have fun
making personalized home decor and gift items,
scrapbook frame & decoupage items, Christmas
wreaths, and lots of techniques for card making.
This course is for beginners and those wanting to
improve their existing skills.
Includes resources

FLOWER ARRANGING

£58

Venue: Harris Academy
Paul McFawns, of Olly Bobbins florists, has over ten
years experience in the trade, in these beginners'
classes he will share his expertise to help and guide
you to develop the skill to make a buttonhole and a
hand tied bouquet amongst other floral delights.
Bring your own flowers, other rescources are
included.

CERAMICS

£97

Venue: Harris Academy
Join Steph Liddle to learn ceramic handbuilding.
Starting from the basics, you'll learn techniques
such as pinch pots, slab-building, and coiling, before
moving onto self-directed exploration. Explore
surface decoration techniques where you'll learn
how to apply patterns, illustration, and colour to
bisque fired clay, as well as basic glazing techniques.
Resources included

YOGA

£36

Venue: Blackness Library
Yoga is an ancient practice that unites mind and
body. Experienced teacher Ali Henderson will guide
you through a series of poses to strengthen the
body while boosting health and releasation. The class
is suitable for beginners & will also offer challenges
if you want. We are confident that you won't find a
better-priced yoga practice in the West End!
Bring water and a mat.



NOTES

Classes will be held in multiple

Disabled access to all classes

Fees non-refundable

Minimum age 16

Please do not contact the school

Contacts & info at:

enquiries@heradundee.org



07565 951612



www.heradundee.org



HERAdundee

FNROIMENT

Date: 21st August 2019 Time: 6pm - 7pm

Venue: Harris Academy,

Perth Rd. Dundee

Places allocated upon registration. Online enrolment and payment for remaining places will open on the 22nd August.

DATES/TIMES

Classes commence 4th September

Dressmaking

French

Jewellerv

Photography

Drawing & Painting

Crochet

Papercraft

Flower Arranging

Ceramics

Wednesdays from 6.30pm till 8.30pm for 10 weeks until 27th November. No classes 9th October, 16th October or 13th November.

Pilates

Wednesdays, 5pm till 5.45pm & 6pm till 6.45pm, for 12 weeks. No classes

on 11th September

Thursdays, 5:30pm till 6:15pm, for 12 weeks. No classes on 12th September.

Yoga

Wednesdays, 7pm till 7.45pm for 12 weeks. No classes on 11th September.

<u>Surgeries start again on Thursday!</u> #dundeewestend



With the school summer holidays for pupils not ending until tomorrow, I don't have my usual surgeries at Harris Academy and Mitchell Street Centre today, but surgeries start again with my Thursday one at Blackness Primary School (staff room) on Thursday at 6.15pm.

Details of my three weekly surgeries are below :

Mitchell Street Centre (The Base) - Mitchell Street. Mondays - 4.20 pm prompt

(except school holidays)

Harris Academy (Reception) — Perth Road. Mondays — 4.50 pm prompt (except school holidays)

Blackness Primary School (Staff Room on ground floor) — Pennycook Lane. Thursdays — 6.15 pm prompt (except school holidays)

<u>Boccia Festival — a great event for</u> the over 50s!

From Dundee Voluntary Action :

The Boccia Festival is taking place tomorrow — Monday — between 10.30am and 1.30pm at DISC.

If you have never played Boccia before, come along and have a go! Suitable for beginners. Boccia can be played standing up or sitting down and ramps can be provided if you have a limited strength or range of movement.

Remember, we have OPEN Funded Boccia equipment available for loan to over 55s, so this would be a good opportunity to learn how to use it. We are also keen to start a new Boccia League for interested people.

Individuals and teams of 3 welcome. You can register in advance or just come along on the day, but come along a little earlier so we can get you registered. We need to know your name and age and if you consent to photos.

If you require transport, please get in touch on 305745 first thing tomorrow. Refreshments and lunch provided.

Boccia Festival

Free Fun Day for +50yrs

Monday 12th August 2019 10.30am - 1.30pm in Dundee International Sports Centre (DISC), DD47AA

'Come and Try' Sessions

Teams of 3 All welcome

Similar to Boules or Petanque, Boccia is a game of attack and defence where each side tries to score as many points as possible by placing their own coloured balls closest to the jack (white) ball.

Suitable for all abilities - you can play standing up or sitting down and can play with the assistance of a ramp if your range of mobility is limited.

Come along and learn to play.

The day will consist of fun challenges to test your skill and finish with some competitive matches.

3 players will form a team on the day. Individuals and organisations welcome.

Individuals will be allocated to a team on the day.







Refreshments provided and transport if required

To book a place or for any queries contact: Nicola on 01382 305745 or Darren on 01382 436963/ darren.thomson@leisureandculturedundee.com







<u>Weekly Road Report - West End Ward</u> #dundeewestend



DUNDEE CITY COUNCIL - WEEKLY ROAD REPORT

REPORT FOR WEST END WARD — SATURDAY 10 AND SUNDAY 11 AUGUST 2019

West Marketgait (at Ward Road) — southbound offside lane closure on Saturday 10 August (9.30am — 3.30pm) for Scottish Water work.

REPORT FOR WEST END WARD - WEEK COMMENCING MONDAY 12 AUGUST 2019

Kirsty Semple Way — closed on Saturday 17 August for crane lifting operations.

Riverside Drive (Tesco main roundabout to Tesco service roundabout) — offpeak $(9.30 \, \text{am} - 3.30 \, \text{pm})$ lane closure in both directions from Tuesday 13 August for 4 days for street lighting works.

Forthcoming Roadworks

Abbotsford Street (junction with Blackness Road) — closed for one week from Monday 5 August for footway works on Blackness Road.