

# Helping to Spread the Festive Cheer!



Could you spare an extra portion of dinner  
for an older neighbour?  
Cooks needed in Dundee



Loneliness and isolation has been magnified for all of us this year and particularly at Christmas.

Meal Makers' volunteer cooks have been going the extra mile to do something special for an older neighbour.

Meal Makers is a subsidiary of the award winning Scottish Charity Food Train. It is a local neighbourhood food-sharing project that connects people who love cooking, and who are happy to share an extra portion of home cooked food, with an older neighbour who would really appreciate a freshly prepared meal and a friendly chat.

By turning an everyday activity into a volunteering opportunity, Meal Makers strengthens connections within communities and provides a flexible way for people to volunteer their time and skills locally in a way which suits them.

Meal Makers is looking for volunteers in our area – postcodes DD1 and DD2 – you can find out more and sign up at [www.mealmakers.org.uk/Account/Register](http://www.mealmakers.org.uk/Account/Register)

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## Dundee in Level 4



www.dundee.gov.uk/  
coronavirus-covid-19

# Dundee is at Level 4

We can all help reduce the spread of Coronavirus. #KeepSafe

As of yesterday, Dundee entered Coronavirus Protection Level 4.

The City Council has a useful summary of the guidance which you can read [here](#).

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**[Happy Boxing Day!](#)**

# Christmas in Dundee



(with thanks to [Dundee Volunteer and Voluntary Action](#) for the image and photographs!)

[A very Happy Christmas to you and your](#)

family!





**Our Bunty wishes you all a very Happy Christmas!**

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**[Important energy information over the](#)**



# festive period

## Festive period 2020

### Important Energy Information

Energy suppliers are on a very reduced emergency service over the festive period.

During this time, if you are about to go off supply or are already off supply, please phone your supplier on the emergency number provided below.

If you have a prepay meter and are struggling financially you can contact your energy supplier and they will usually help you out with top up credit which can be paid back at an affordable rate.

If you experience a power cut, please phone 105 to report this.

SSE Emergency 0345 0729495

Scottish Power 0141 6525550

Eon Emergency support line 0345 3015955

Utilita Extra Care line is closed.  
If off supply, emergency line is 0345 2068999

British Gas Emergencies 0333 2008899  
(i.e. no heating, hot water or electricity)

Bulb 0300 3030635  
The general call centre is closed but there is an option on this number for emergencies

Octopus 0808 1641088  
The general call centre is closed but there is an option on this number for emergencies

Npower 0800 0733000  
The general call centre is closed but there is an option on this number for emergencies

Spark 0345 0347474  
The general call centre is closed but there is an option on this number for emergencies

Edf 0333 2005100  
The general call centre is closed but there is an option on this number for emergencies

Ovo (not SSE) 0330 3035063  
The general call centre is closed but there is an option on this number for emergencies

With thanks to Dundee Volunteer and Voluntary Action