

[Excessive cadmium found in prepackaged frozen spinach sample](#)

The Centre for Food Safety (CFS) of the Food and Environmental Hygiene Department today (June 1) announced that a prepackaged frozen spinach sample was detected with cadmium, a metallic contaminant, exceeding the legal limit. The CFS is following up on the incident.

Details of the product are as follows:

Product name: Leaf Spinach
Product brand: Waitrose Duchy
Place of origin: Holland
Distributor: PARKnSHOP (HK) Limited
Net weight: 500 grams per pack
Best-before date: June 1, 2019

"The CFS collected the spinach sample from a supermarket in To Kwa Wan for testing under its routine Food Surveillance Programme. The result showed that the sample contained cadmium at a level of 0.21 parts per million (ppm), exceeding the legal limit of 0.1ppm," a CFS spokesman said.

"The CFS has informed the vendor concerned of the irregularity and instructed it to stop sale and remove from shelves the affected batch of the product. The CFS is tracing the source of the affected product," the spokesman added.

According to the Food Adulteration (Metallic Contamination) Regulations (Cap 132V), any person who sells food with metallic contamination above the legal limits is liable upon conviction to a fine of \$50,000 and imprisonment for six months.

"Based on the level of cadmium detected in the sample, adverse health effects will not be caused under usual consumption," the spokesman said.

The CFS will alert the trade to the incident, continue to follow up and take appropriate action. Investigation is ongoing.

[Secretary for Security visits North District \(with photos\)](#)

The Secretary for Security, Mr John Lee, visited North District this

afternoon (June 1) to keep abreast of its law and order situation and the livelihood of local people. He also visited a counselling centre for psychotropic substance abusers in the district.

Accompanied by the District Officer (North), Mr Chong Wing-wun, Mr Lee first met with members of the North District Council to exchange views on law and order matters and other issues relating to people's livelihood in the district.

Afterwards, Mr Lee visited the Cheer Lutheran Centre, whose main service is to provide counselling for psychotropic substance abusers and youths at risk, helping them quit drugs and develop healthy lifestyles.

Mr Lee was briefed on the "We Cycle II" bicycle guided tour and volunteer training scheme under which rehabilitees are recruited and trained to be guides of bicycle tours to places of interest in North District and to provide voluntary services in the community. Mr Lee said he was pleased to see that the scheme helps rehabilitees to re-establish self-confidence, strengthen their resolve in staying away from drugs, and promote community acceptance of drug treatment and rehabilitation services. He encouraged participants of the scheme to maintain a positive life attitude and continue to serve the community.



Meetings of Legislative Council and its Committees

The following is issued on behalf of the Legislative Council Secretariat:

The Legislative Council (LegCo) and its Committees will hold 20 open meetings during the week from June 4 to 9 in the LegCo Complex. Details of the meetings are available in the meeting schedule attached.

The information in the meeting schedule is subject to change. Please refer to the "LegCo Calendar" on the LegCo Website (www.legco.gov.hk) for the latest details of meetings.

Members of the public are welcome to observe open meetings of LegCo and its Committees. Interested individuals and groups are advised to make advance booking of seats by calling the LegCo Secretariat at 3919 3399 during office hours. Members of the public can also listen to or watch all open meetings via the "Webcast" system on the LegCo Website.

CHP investigates case of invasive meningococcal infection

The Centre for Health Protection (CHP) of the Department of Health is today (June 1) investigating a case of invasive meningococcal infection, a communicable disease transmitted by direct contact with droplets from carriers or infected persons.

The case involves a 65-year-old woman, with underlying illness, who has presented with fever since May 25. She sought treatment from the Accident and Emergency Department of North Lantau Hospital on May 30 and was admitted to Princess Margaret Hospital for management on the same day. She is now in stable condition.

Her blood sample tested positive for *Neisseria meningitidis* upon laboratory testing. Her clinical diagnosis was meningococcaemia.

Initial enquiries revealed that the patient had visited the United Kingdom and the Czech Republic with her husband during the incubation period. Her husband has remained asymptomatic. The CHP's investigation is continuing.

"Meningococcal infection is caused by a bacterium known as meningococcus. It is mainly transmitted by direct contact through respiratory secretions, including droplets from the nose and throat, from infected

persons. The incubation period varies from two to 10 days, and is commonly three or four days," a spokesman for the CHP said.

The clinical picture may vary. Severe illness may result when the bacteria invade the bloodstream (meningococcaemia) or the membranes that envelop the brain and spinal cord (meningococcal meningitis).

Meningococcaemia is characterised by sudden onset of fever, intense headache, purpura, shock and even death in severe cases. Meningococcal meningitis is characterised by high fever, severe headache and stiff neck followed by drowsiness, vomiting, fear of bright light, or a rash. It can cause brain damage or even death. The brain damage may lead to intellectual impairment, mental retardation, hearing loss and electrolyte imbalance. Invasive meningococcal infections can be complicated by arthritis, inflammation of the heart muscle, inflammation of the posterior chamber of the eye or chest infection.

Meningococcal infection is a serious illness. Patients should be treated promptly with antibiotics.

To prevent meningococcal infection, members of the public are advised to take heed of the following measures:

- Wash hands with liquid soap and water properly, especially when they are dirtied by respiratory secretions, e.g. after sneezing, and clean hands with alcohol-based handrub when they are not visibly soiled;
- Cover the nose and mouth while sneezing or coughing, hold the spit with tissue, dispose of nasal and mouth discharge in a lidded rubbish bin, and wash hands immediately;
- Avoid crowded places;
- Avoid close contact with patients who have fever or severe headache;
- Travellers to high-risk areas may consult doctors for meningococcal vaccination; and
- Travellers returning from high-risk areas should seek medical advice if they become ill and should discuss their recent travel history with their doctor.

The public may visit the CHP's [website](#) for more information on meningococcal infection.

Red tide sighted

A red tide has been sighted over the past week, an inter-departmental red tide working group reported today (June 1).

The red tide was spotted by staff of the Leisure and Cultural Services Department today at Silver Mine Bay Beach, Lantau Island.

The red tide still persists. No associated death of fish has been reported.

A spokesman for the working group said, "The red tide was formed by *Takayama tuberculata*, which is not commonly found in Hong Kong waters and non-toxic."

The Agriculture, Fisheries and Conservation Department (AFCD) urged mariculturists at Ma Wan and Cheung Sha Wan fish culture zones to monitor the situation closely and increase aeration where necessary.

Red tide is a natural phenomenon. The AFCD's proactive phytoplankton monitoring programme will continue monitoring red tide occurrences to minimise the impact on the mariculture industry and the public.