

Suspected MERS case reported

The Centre for Health Protection (CHP) of the Department of Health today (August 9) reported a suspected case of Middle East Respiratory Syndrome (MERS), and again urged the public to pay special attention to safety during travel, taking due consideration of the health risks in the places they visit. The case is detailed below:

Sex	Male
Age	47
Affected area involved	Dubai, United Arab Emirates
High-risk exposure	Camel ride
Hospital	Queen Elizabeth Hospital
Condition	Stable
MERS-Coronavirus preliminary test result	Pending

"Travellers to the Middle East should avoid going to farms, barns or markets with camels; avoid contact with sick persons and animals, especially camels, birds or poultry; and avoid unnecessary visits to healthcare facilities. We strongly advise travel agents organising tours to the Middle East to abstain from arranging camel rides and activities involving direct contact with camels, which are known risk factors for acquiring MERS Coronavirus (MERS-CoV)," a spokesman for the CHP said.

"As the Hajj pilgrimage will begin soon, pilgrims visiting Mecca in Saudi Arabia should be vigilant against MERS. Those with pre-existing medical conditions, such as diabetes, chronic lung disease, chronic renal disease and immunodeficiency, are more likely to develop severe infections if they are exposed to MERS-CoV. Pilgrims should hence consult healthcare providers before travel to review the risk and assess whether a pilgrimage is advisable. Pilgrims visiting Mecca may refer to the DH's [advice](#). If pilgrims feel unwell during the two weeks after returning to Hong Kong, they should wear a surgical mask and seek medical attention immediately and inform a doctor of their recent travel history," the spokesman added.

Locally, the CHP's surveillance with public and private hospitals, with practising doctors and at boundary control points is firmly in place. Inbound travellers and members of the public who recently visited the Middle East and developed fever or lower respiratory symptoms within 14 days will be classified as suspected MERS cases. They will be taken to public hospitals for isolation and management until their specimens test negative for MERS-CoV.

Travellers to affected areas should maintain vigilance, adopt appropriate health precautions and take heed of personal, food and environmental hygiene. The public may visit the MERS pages of the [CHP](#) and its [Travel Health Service](#), MERS statistics in [affected areas](#), the CHP's [Facebook Page](#) and [YouTube Channel](#), and the World Health Organization's [latest news](#) for more information and health advice. Tour leaders and tour guides operating overseas tours are advised to refer to the CHP's [health advice on MERS](#).