

“Shall We Talk” initiative online live session to call for taking care of Mental Health (with photo)

Following the launch of the "Shall We Talk" initiative, the Chairman of the Advisory Committee on Mental Health (ACMH), Mr Wong Yan-lung, will host a live session online at 9am on Wednesday (July 15) to share his views on emotional crisis of the public and the demand of mental health services in Hong Kong. He will also call for support from the public to take care of their mental health.

The live session will be hosted on the initiative's fanpage of Facebook (facebook.com/shallwetalkhk20).

Officially launched on July 11, the "Shall We Talk" initiative was jointly organised by ACMH and the Department of Health with an aim to promote mental health and eliminate stigmatisation towards persons with mental health needs, in order to build a mental health friendly community.

To receive the latest information on the "Shall We Talk" initiative, you may visit the one-stop dedicated website (shallwetalk.hk). The initiative's fanpages of Facebook (facebook.com/shallwetalkhk20) and Instagram (instagram.com/shallwetalkhk20) have been launched. The public are welcome to "like" / "follow" and share the fanpages in order to receive the latest information.