

Seven-year-old stirs up internet with his 'six-pack'



7-year old Chen Yi boasts amazing physique. [Photo: xdkb.net]

The internet is buzzing about pictures of a 7-year old who is sporting the physique of a world-class athlete.

Local internet site xdkb.net interviewed Chen Yi after he dominated a gymnastics meet in Zhejiang's capital, Hangzhou, recently.

While Chen Yi won six gold medals and one silver, what have made the headlines are the pictures of him posing!

The boy's mother, Zhang Hongyu, said that her son was born with innate

athletic talent. She claims that when Chen Yi was just 2 years old, he could do a pull-up with just one arm. "He started walking when he was just 11-months old, and he learned to ride a bicycle before kindergarten," Zhang recalled with a proud smile on her face.

Chen Yi was accepted into the local gymnastics school at the age of five. He now lives at school and only goes home during the weekends. Although his training is tough and intensive, his mother says he never considers giving up.

Asked how he was able to develop his physique, Zhang credits the training her son is going through. "There is nothing special about his diet," says Zhang "Just like other normal kids, Chen Yi eats around a dozen dumplings for a meal. He also enjoys vegetables, such as cucumber and lettuce."