

RWM's award for workplace mental health and wellbeing initiatives

News story

RWM has been recognised as one of the UK's best organisations for supporting staff mental health after collecting a Workplace Wellbeing silver award from the charity Mind.



More than 100 businesses and organisations attended the online ceremony for the charity's [Workplace Wellbeing Index 2020/2021](#) which celebrate the achievement of employers who take action to prioritise mental health at work.

The [Index](#) is a benchmark of best policy and practice, celebrating the good work employers are doing to promote and support positive mental health, and providing key recommendations on the specific areas where there is room to improve.

And RWM Research Manager Liam Payne was one of four outstanding individuals honoured for their roles in promoting positive mental health.

Liam Payne: promoting positive mental health

Liam established and leads our Mental Health and Wellbeing Team and is passionate about raising awareness and ensuring support is in place at RWM for anyone experiencing issues with work-related mental health.

Chief Executive Karen Wheeler said:

I am so proud of Liam and the team for their commitment to supporting staff, especially through the challenges of the coronavirus pandemic over the past year, which has taken its toll across the whole country.

At RWM, we have made a long-term commitment to support the mental

health of our staff and continue to build and adapt, based on the needs.

Our commitment has been, and continues to be shown, through participation in the Index, implementing our action plan on to embed positive mental health and wellbeing in our ways of working, maintaining awareness and encouraging open discussion, as well as through our ongoing external partnership with [AddIWellbeing](#), an NHS foundation trust, to provide expert support.

Our measures include training for line managers, recruiting staff as mental health champions and allocating monthly 'Wellbeing Days' that focus on people rather than work.

Liam added:

It's a privilege to be shortlisted and win an award for doing something that you're passionate about, and fully supported by the organisation to do.

I've not done this alone and the Mental Health and Wellbeing Team at RWM want to ensure that all colleagues have someone they feel comfortable they can talk to; someone who they believe will listen to them; and someone who they feel can help them when required. Gaining a silver award and individual award is great, but we're not stopping here and continue to make changes so that RWM is a great place to work.

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