

[Ride Free: new online motorcycle training to improve road safety](#)

News story

Ride Free is a free online training course that you should complete before taking your moped or motorcycle compulsory basic training (CBT).



The Driver and Vehicle Standards Agency (DVSA) has announced the launch of Ride Free – a free online training course that moped and motorcycle riders should complete before taking their [CBT](#) course.

It has been developed by DVSA, Highways England and other partners to help new riders prepare for a lifetime of safe riding.

What the course covers

The course contains 5 online learning modules covering:

- the Highway Code and hazard perception
- clothing, equipment and the importance of maintenance
- how a rider's behaviour can affect them and other road users

Create an account on the Safe Driving for Life website or sign in to start your [Ride Free](#) training.

Helping riders to stay safe

It's important new riders get professional training and have the right knowledge and skills to help keep them stay safe.

Mark Winn, DVSA Chief Driving and Riding Examiner, said:

As motorcyclists are amongst the most vulnerable road users it's essential they have the right knowledge and skills needed to stay

safe on Britain's roads.

Getting the right advice from a professional instructor and the new ride free course helps new riders get the most from their CBT and should improve road safety.

Tony Campbell, Motorcycle Industry Association (MCIA) Chief Executive, said:

It is important that new riders should be safer riders and receive the best training possible and for that reason, MCIA is proud to be part of the ride free initiative.

The course has won a [Prince Michael International Road Safety Award](#) and a [Chartered Institution of Highways and Transportation \(CIHT\) Kier Road Safety Award](#).

When motorcycle tests restart

England

Motorcycle training restarted on 4 July and testing restarted on 13 July 2020.

Scotland

Motorcycle training restarted on 22 July and testing will restart on 3 August 2020.

Wales

Motorcycle training will restart on 27 July and testing will restart on 3 August 2020.

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