

# Research Grants Council to present public lecture on Bringing Well-being to Life on December 17

The following is issued on behalf of the University Grants Committee:

The Research Grants Council (RGC) will present a public lecture under the theme of Bringing Well-being to Life on December 17 (Saturday) at the Hong Kong Central Library. All are welcome.

The RGC has invited Professor of the Department of Industrial Engineering and Decision Analytics and Professor of the Department of Chemical and Biological Engineering of the Hong Kong University of Science and Technology, Professor Richard So, and Chair Professor of the Applied Psychology and Head of the Department of Applied Psychology of the Lingnan University, Professor Siu Oi-ling, to share their research findings and knowledge in relation to gerontechnology and occupational stress in the Greater Bay Area. Details are as follows:

Time: 3.30pm to 5.30pm

Venue: Lecture Theatre, G/F, Hong Kong Central Library

Language: Cantonese

Admission: Free (seats are available on a first-come, first-served basis)

Members of the public can also watch a live broadcast of the lecture through the Multimedia Information System of the Hong Kong Public Libraries ([mmis.hkpl.gov.hk](http://mmis.hkpl.gov.hk)).

First session: Gerontechnology: Smart Hearing and Contactless Health Monitoring

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Advances in medicine have extended the life expectancy of humans to beyond 80 years. As humans age, our hearing and health degenerate, resulting in poorer quality of life. Professor Richard So will introduce how AI technology helps develop smart hearing and contactless health monitoring solutions. With these intelligence technologies, senior citizens can continuously communicate effortlessly with their families and friends, enjoy the music they love and have their health status such as blood pressure and heart rates checked through mobile phones.

Second session: Economic, Psychological and Social Costs of Occupational Stress in the Greater Bay Area

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Studies on the social and economic costs of stress are relatively uncommon in Mainland China. In view of this, Professor Siu Oi-ling explores

the sources of occupational stress and their economic, psychological and social costs in the Greater Bay Area. Professor Siu will explain the impacts of economic development and performance of industries in the area on millions of employees, which in turn will enhance the competitiveness of the country and improve employees' quality of life.

The public lectures of the RGC aim at arousing public interest in local research developments. Since 2009, the RGC has invited numerous leading scholars to speak at these lectures. For enquiries, please call 2524 3987 or visit the University Grants Committee webpage ([www.ugc.edu.hk/eng/rgc/about/events/lectures/lectures.html](http://www.ugc.edu.hk/eng/rgc/about/events/lectures/lectures.html)). In addition, the RGC has launched an email subscription service. Members of the public can subscribe to the service at [www.ugc.edu.hk/eng/rgc/about/subscribe](http://www.ugc.edu.hk/eng/rgc/about/subscribe) to receive regular updates on the RGC.