

# Research and analysis: Radioactivity in food and the environment 2016: RIFE 22

This report covers sampling and analysis carried out in 2016 for the UK-wide monitoring programmes of the environment agencies (Environment Agency, Natural Resources Wales, Northern Ireland Environment Agency and Scottish Environment Protection Agency), the Food Standards Agency and Food Standards Scotland.

It provides a detailed assessment of radioactivity in food and the environment and the public's exposure to radiation during 2016.

The report shows that radioactivity in food is well within safe levels, and that exposure to the public from permitted discharges and direct radiation around nuclear sites remained below the legal limit.

The monitoring programmes conducted by these agencies are independent of, and also used as a check on, site operators' programmes.