

# Practise proper hand hygiene to halt the spread of communicable diseases

The Centre for Health Protection (CHP) of the Department of Health today (May 4), in support of the annual Hand Hygiene Day tomorrow (May 5), appealed to the public to clean hands at the right times with the right techniques, so as to halt the transmission of infectious diseases including COVID-19 and contribute to reducing the global burden.

The CHP adopted "Clean Hands Wisely, Germs Leave Quickly" as the slogan for the promotional campaign for Hand Hygiene Day 2022 to remind the public to perform hand hygiene when appropriate and to get into a habit of doing so. Apart from before eating or after touching public facilities, the public should clean their hands whenever they find their hands dirty. The CHP hopes that hand hygiene can become part of everyone's daily routine.

Since 2005, Hong Kong has pledged support for the World Health Organization's advocacy of "Clean Care is Safer Care" by actively promoting hand hygiene in both healthcare settings and in the community. This year, the CHP invited a local artist to design and produce a short animation, a poster and a set of animated WhatsApp stickers to remind the public of the key health message.

The public may visit the CHP's Hand Hygiene Day 2022 webpage ([www.chp.gov.hk/en/features/105581.html](http://www.chp.gov.hk/en/features/105581.html)) for more information on hand hygiene.