

# Personnel on Ice at RAF Championships

THE SERVICE'S stars on ice are doing battle for precious Inter-Service spots in La Plagne, France as the RAF Championships got under way.



The two-week camp, which culminates in the championships, is not for the faint-hearted, as the track is regarded as one of the toughest on the winter sports circuit, having been used for the 1992 Winter Olympics, with athletes reaching speeds of 90mph, with forces of up to six G testing all involved.

Team manager and reigning Inter-Services champion Flt Lt Gav Arnold said: "The championship race will see SAC Mark McQuitty of 99 Sqn as favourite following his excellent performances on the World Cup Circuit for Team GB.

"I will be challenging him along with GB hopeful Cpl Danny Burke, with the race determining selection for the Inter-Services Championships to be held in Norway in March where we will be defending our title against what is sure to be tough opposition from the Army."

Cpl Ross Brown bobsleigh coach/ceputy team manager said: "The camp is proving to be a very demanding fortnight, which has pushed all 32 athletes beyond their limits on the second fastest track in Europe, reaching speeds in excess of 75mph whilst pulling up to 4.5g on a mile- ong track from a standing start.

"Bobsleigh athletes have been exposed to dealing with a wide variety of emotions, such as adrenaline, fear, nerves, excitement, physical pressures and much more, all within a controlled environment of this extreme winter ice sport. And this camp is proving no different."

Anyone interested in next year's luge novice training camp should contact team manager Flt Lt Gav Arnold on: [30Sqn-pilot27@mod.uk](mailto:30Sqn-pilot27@mod.uk). or for bobsleigh: [marksilva021@hotmail.com](mailto:marksilva021@hotmail.com)

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