

Helping tackle fuel poverty for older people across Dundee



The Evening Telegraph recently ran an important article that highlighted concerns that hundreds of older people in Dundee are missing out on thousands of pounds of benefits to help with fuel poverty this winter.

New statistics from the charity [Independent Age](#) has found 1 145 older people in Dundee West are missing out on approximately £160 000 by not taking up the UK Government's [warm home discount scheme](#). This includes folk in the West End and I am anxious to highlight this important issue.

You can read the article [here](#) – it is particularly useful as it lists a number of benefits are older people entitled to.

I am always keen to speak with any constituent with fuel poverty or benefits entitlement concerns and can be contacted at fraser@frasermacpherson.org.uk or just call me at home on 459378 – always here to help.

Latest news from Friends of Wighton!



From Sheena Wellington :

We have a very special online Lunchtime Recital starting at 1.15pm on Wednesday 3rd March.

Medieval Harp virtuoso Simon Chadwick needs no introduction to the Wighton audience! As Musician in Residence, harp tutor and hard working secretary he was a mainstay of Friends of Wighton for many years.

Since he moved to Armagh in 2018 though we have kept in touch he has been sorely missed so it is a particular delight to welcome him on the 3rd.

A Chadwick recital is always a treat and an adventure. During the last year's lockdowns, Simon has been working on old Irish harp tunes from the Bunting collection, finding unusual tunes, and unusual versions of better known tunes. He will play some of them for you on Wednesday including some with interesting connections to versions in the Wighton collection.

The Zoom link is below, the Recital is free but donations can be made on our webpage www.friendsofwighton.com

Sheena Wellington is inviting you to a scheduled Zoom meeting.

Topic: Wighton Lunchtime Recital

Time: Mar 3, 2021 01:00 PM Greenwich Mean Time

Join Zoom Meeting

<https://us02web.zoom.us/j/87171364577?pwd=cnRvQW5jaytPMC9HekxRWlZ0cHBmZz09>

Meeting ID: 871 7136 4577

Passcode: 513416

[Weekly Road Report – West End Ward](#) [#dundeewestend](#)



DUNDEE CITY COUNCIL – WEEKLY ROAD REPORT

REPORT FOR WEST END WARD – WEEK COMMENCING MONDAY 1 MARCH 2021

Blackness Road (at Rosefield Street) – off-peak temporary traffic lights on Tuesday 2 March for Scottish Water work.

Forthcoming Road Works

West Marketgait (at West Port roundabout) – off-peak northbound nearside lane closure from Wednesday 10 to Sunday 14 March for SSEN work.

[Craft It On – an initiative from](#) [Feeling Strong](#)



Craft It On is Feeling Strong's latest art project that can be done by young people from the comfort of their own home, designed to promote connectedness and community while lockdown continues.

Young people will be given their own art supplies and a canvas delivered to their door. This canvas will be divided into four squares, and young people will have the task to complete their own square using prompts provided by Feeling Strong Volunteers from Duncan of Jordanstone College of Art & Design.

Once completed, this canvas will be delivered to another young person with a different prompt, visiting a total of four young people. By the end of the project there will be a series of works, and each young person will have made their mark on four of them along with their peers.

At the end there will also be an online exhibition and digital zine for participants as well as the opportunity for them to meet their fellow artists!

If this is something that may be of interest there is a sign-up link [here](#).

Please note that this is open to ages 8-26 and it will be putting young people into groups based on age.

[Togetherall – a new mental health and wellbeing support for young people](#)



**Register today
for FREE**

**Visit [togetherall.com](https://www.togetherall.com) for
mental health support.**

Online Community. Confidential. 24/7.

The three Tayside local authorities, including Dundee City Council, have worked together to help establish safe, anonymous online support 24 hours a day, 7 days a week.

Called Togetherall, it is for young people aged 16 to 24 across Tayside and is a supportive virtual community.

It is estimated that 1 in 4 people will suffer with mental health problems at some point in their lives. Talking about mental health, or just feeling overwhelmed by everyday worries and concerns, can be difficult, especially for young people.

Trained professionals are available 24/7 through Togetherall, which offers a choice of safe therapeutic services, including online self-help courses. This means anyone who may be struggling with mental health, distress or anxiety can get support at a time that suits them. Togetherall has already helped over 200,000 people around the UK and has very positive reviews from current users.

Togetherall is now available free for all 16-24 year olds living in Dundee, simply by visiting www.togetherall.com, click 'Register' and 'My area is registered', and then enter your postcode to gain access.

When someone joins Togetherall as a new user, they create a username that does not identify them in any way, and the service is completely anonymous.