

# Occupational safety and health training courses open for applications

The Occupational Safety and Health Training Centre of the Labour Department (LD) will launch a wide range of occupational safety and health training courses in the first half of 2020. The courses aim at enhancing the working population's understanding of the legal requirements and standards stipulated in occupational safety regulations, and their awareness of occupational health.

The training courses cover a wide range of topics, including:

1. Major Safety Regulations related to Industrial Accident Prevention
2. Major Health Regulations related to Industrial Accident Prevention
3. Safety Management Regulation cum Safety Inspection Programme and Accident/Incident Investigation
4. Safety Regulations related to Risk Assessment
5. Major Safety Regulations related to Accident Prevention in Office Work
6. Safety Regulations on Working in times of Inclement Weather and Hot Environment
7. A Brief Introduction to Safety Regulations related to Working on Construction Sites cum a Brief Introduction to Codes of Practice related to Working on Construction Sites
8. Safety Regulations on Working at Height and a Brief Introduction to Safety Regulations related to Electrical Work on Construction Sites cum Codes of Practice on Scaffolds
9. Lifting Appliances and Lifting Gear Regulations cum Codes of Practice for Safe Use of Cranes
10. Major Safety Regulations related to Renovation, Maintenance, Alteration and Addition Works
11. Major Safety Regulations related to Working in the Catering Trade
12. Occupational Safety and Health Ordinance and Regulation
13. Safety Regulations on Manual Handling Operations
14. Dangerous Substances Regulations
15. Health Hints on the Use of Computer cum More Exercise Smart Work
16. Occupational Stress Workshop
17. First Aid in the Workplace (Including demonstration and practice of bandaging)
18. Strategies for the Prevention of Occupational Diseases cum Work and Healthy Lifestyle

The courses will mainly be conducted in Cantonese at the LD's Occupational Safety and Health Training Centre, 13/F, KOLOURâ€™Tsuen Wan I, 68 Chung On Street, Tsuen Wan. Enrolment is free.

Application forms are available at the training centre or offices of the Occupational Safety and Health Branch of the LD. They can also be downloaded

from the department's website ([www.labour.gov.hk/eng/osh/form.htm](http://www.labour.gov.hk/eng/osh/form.htm)). For enquiry, please call 2940 7057.