

Occupational safety and health courses open for applications

The Kwun Tong Occupational Safety and Health Centre of the Labour Department (LD) will launch a wide range of occupational safety and health courses in the second half of 2021. The courses aim to enhance the working population's awareness of occupational health and their understanding of occupational safety regulations.

The courses cover a wide range of topics, including:

1. Occupational Safety and Health Ordinance and Regulations
2. Gas Poisoning in Manholes
3. Confined Spaces Regulations
4. Major Safety Regulations Related to Working in Catering Trade
5. Dangerous Substances Regulations
6. Safety Management Regulation
7. Safety Regulations on Manual Handling Operations
8. Regulations Related to Safety in Hotel Industry
9. Safety Regulations on Working in Times of Inclement Weather and Hot Environment
10. Major Safety Regulations Related to Accident Prevention in Office Work
11. A Brief Introduction to the Regulation on Display Screen Equipment
12. Office Workstation Setup
13. Air Monitoring in the Workplaces
14. Lighting Assessment in the Workplaces
15. Guidance Notes on Standing at Work
16. A Brief Introduction to the Regulation on Display Screen Equipment and Workstation Risk Assessment
17. A Brief Introduction on Occupational Health Hazards in Elderly Homes
18. Risk Assessments on Manual Handling Operations in Elderly Homes
19. A Brief Introduction to Noise at Work Regulation
20. More Exercise, Smart Work
21. Strategies for the Prevention of Occupational Diseases
22. Occupational Health in Catering Industry
23. Chemicals and Occupational Health
24. Medical Examinations for Workers Engaged in Hazardous Occupations in Industrial Undertakings
25. Manual Handling Operations and Prevention of Back Injuries
26. Occupational Health for Security Guards
27. Chemicals and Occupational Health in Hotel Industry
28. Prevention of Heat Stroke at Work in a Hot Environment
29. Occupational Health for Office Workers
30. Health Hints on the Use of Computer
31. Prevention of Upper and Lower Limb Disorders
32. Noise Hazards and Prevention of Hearing Loss
33. Prevention of Musculoskeletal Disorders for Office Workers

34. Occupational Health for Cleansing Workers
35. Occupational Contact Dermatitis
36. Manual Handling Operations and Prevention of Back Injuries for Workers of Residential Care Home
37. Occupational Health for Professional Drivers
38. Work and Common Gastrointestinal Diseases
39. Occupational Stress Workshop
40. Work and Healthy Lifestyle
41. Work and Diabetes Mellitus and Hypertension
42. First Aid in the Workplaces (including demonstration and practice of bandaging)

The courses will mainly be conducted in Cantonese at the LD's Occupational Safety and Health Centre, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong. Enrolment is free.

Application forms are available at the centre or offices of the Occupational Health Service of the LD. They can also be downloaded from the department's website (www.labour.gov.hk/eng/osh/content6.htm). For enquiries, please call 2361 8240.