## <u>Ninewells Community Garden event</u> <u>#dundeewestend</u>

This Thursday – 29th August – from 12 noon to 2pm at Ninewells Community Garden :

Let's Eat: Beans!



All welcome - come and join the team for some tasty bean burgers!

The theme for this month is beans – broad, runner, french, fine, kidney, baked – green, purple or red!

Volunteer Christina Howie will show how to prepare one of her favourite bean recipes — please do bring along a recipe, or some food to share — with our without beans!

At 1pm there will be a visit from the Scottish Fire & Rescue Service to talk about how to stay safe while cooking outdoors.

A chance to learn some new ideas for the kitchen and catch up with garden friends old and new.

The third in a series of monthly healthy lunches and recipe swaps.

Many thanks to the Community Growing Fund for supporting this project.

All welcome, no booking required.