

# [News story: Get involved: share your ideas or join our movement for change](#)

The Social Mobility Commission aims to build a fairer society in which everyone can thrive. We will only succeed with the help of people who truly understand and care about fairness. If you are passionate about social mobility please join our movement for change.

## **How to get involved**

### **Share your ideas or experiences**

If you have an idea about how we can improve social mobility across the nation, please email us at [contact@socialmobilitycommission.gov.uk](mailto:contact@socialmobilitycommission.gov.uk).

### **Support our movement for change**

The Commission runs campaigns to drive change on critical issues. Please sign up to our mailing list to learn about upcoming campaigns by emailing your name, job role and organisation (if relevant) to [contact@socialmobilitycommission.gov.uk](mailto:contact@socialmobilitycommission.gov.uk).

There are many ways you can support social mobility in your local area right now. You can volunteer, become a mentor for a young person, or ask your company to offer work experience to disadvantaged young people.

[Find local volunteering opportunities](#)

[Find local mentoring opportunities](#)

You can ask your employer to sign up to the [Social Mobility Pledge](#) or enter the 2019 [Social Mobility Employer Index](#), [UK Social Mobility Awards](#) or [Queen's Awards](#).

Look out for sector-based initiatives through your professional bodies, regulators and networks, and regional initiatives through your local authority.

Keep an eye on this page – we will be updating it later in the year with more opportunities to get involved with the work of the Social Mobility Commission.