Life after sports: stars shine the way

Planning out the next step in life can be a daunting task for newly retired athletes. Thanks to a mentorship scheme, they can gain insights from retired local sporting heroes who help them undergo successful career transformations.

News.gov.hk spoke to the Stars to Shine Mentorship Programme mentees Natural Yip and Candy Cheng to learn how their mentors Amy Chan and Vivian Lee guided them in developing their second career.

The story appears on news.gov.hk (June 14) in text and video format.