

[LCSD launches new round of Sports Training Programme for Persons with Disabilities](#)

The Leisure and Cultural Services Department (LCSD) will launch a new round of the Sports Training Programme for Persons with Disabilities from July this year. Seventy-two courses and 10 types of sports training will be organised to provide more opportunities for persons with disabilities to take part in a wide variety of sports activities free of charge.

A spokesman for the LCSD said, "The programme, which was tailor-made for persons with physical disability, intellectual disability, hearing impairment and visual impairment, was held in seven districts on a pilot basis from November 2018 to March 2019. More types of sports training courses will be held in all 18 districts under the new round of the programme. The scope of the programme will also be expanded to include participation by persons with autism, ex-mentally ill persons and persons with chronic illness. Through systematic and professional sports training, these courses will help arouse the interest of persons with disabilities to participate in sports activities and enhance their physical and mental health."

With professional advice provided by relevant national sports associations, these courses are devised to suit the needs of various types of disabilities. The 10 types of sports training include body-mind stretch, badminton, bocce, floor hockey, table tennis, fitness exercise, hydro fitness, wheelchair tennis, swimming and modern dance. Each participant can be accompanied by one carer for assistance during the courses.

Prospectuses and enrolment forms can be downloaded from the webpage of [Sports Training Programme for Persons with Disabilities](#) under the LCSD's dedicated website for persons with disabilities (Recreation and Sports Programmes/Facilities). They are also available from the 18 District Leisure Services Offices or sports centres of the LCSD. The programme is open for enrolment from May 17 as follows:

- (1) enrol in person at any District Leisure Services Offices or recreation and sports venues with Leisure Link Services; or through Leisure Link Self-service Kiosks; or
- (2) enrol by mail to the District Leisure Services Office organising the activity; or
- (3) enrol through the Leisure Link Internet booking service or mobile Leisure Link e-Services System.

For enquiries, please call 2414 5555.