

LCSD launches free online programme “Move Beyond”

The Leisure and Cultural Services Department (LCSD) today (September 10) launched a free online programme, "Move Beyond", on the department's Edutainment Channel. The first episode is now available for viewing.

There are six episodes in "Move Beyond", which is produced and hosted by local veteran dance artist and director of Studiodanz, Angela Hang. Through interviews with five notable dancers in Hong Kong and by documenting their daily practices, class teachings, performance rehearsals and competitions, various dance genres considered to be a subculture in Hong Kong are explored. The programme also offers the audience insights on how dancers express their perceptions through their bodies and dance styles.

The audience can also have glimpses of the dancers' personal stories, their bitter and sweet life experiences, and their perseverance in pursuing their dreams despite the difficulties and challenges faced in their artistic journeys.

Each episode is approximately 15 minutes long. Details are as follows:

Episode 1 (released)

Topic: Way of Life

Guest: Luen Mo

Description: The dancer shares that the only way to success is to make dancing an integral part of his life.

Episode 2

Topic: Respect

Guest: Trian Kong

Description: The dancer connects her inner world to the world beyond through dance. She demonstrates her confidence and learns how to respect and be kind to herself through dancing.

Episode 3

Topic: Exploration

Guest: Hotung Wong

Description: The dancer shares how she has gained more insights into dancing through delving into music and its cultural and historical context.

Episode 4

Topic: Physical Musicality

Guest: Louis Pong

Description: The dancer shares how he articulates various layers of sound and music through body movements with unique techniques.

Episode 5

Topic: Internal Force

Guest: Hongboy Chan

Description: Through years of exploration in dance and studying the composition of movements, the dancer shares how he has explored the unlimited potential of his body.

Episode 6

Topic: Dance as Mission

Host: Angela Hang

Guest: Luen Mo, Trian Kong, Hotung Wong, Louis Pong and Hongboy Chan

Description: Through talks with the five dancers, the host invites them to share their exploration and experiences in their dance journeys. The host also discusses with the dancers ways to promote local dance culture.

To watch the free online programme "Move Beyond", please visit the LCSD's Edutainment Channel at www.lcsd.gov.hk/edutainment/en/performing_arts/page_644.html. For programme enquiries or more information, please call 2268 7323 or visit www.lcsd.gov.hk/CE/CulturalService/Programme/en/dance/programs_1197.html.