

# LCSD "Dance on Screen" Series to present finale free online dance video "Orbit of The Bowl"

The Leisure and Cultural Services Department (LCSD) today (November 19) launched a free online dance video, "Orbit of The Bowl", marking this year's finale of the "Dance on Screen" Series. The video is now available at the department's Edutainment Channel.

"Orbit of The Bowl" is a multimedia artistic creation performed by singing bowl artist Tsang Man-tung and dancer Natalie Mak. Through the sound of the singing bowl, dance and images, the about 10-minute long video explores the concept that life is part of the trajectory of the soul, which moves as if in an orbit with neither a beginning nor end. As the body moves with the sounds and the heart follows the movements until one enters a mindful state, one could discover the countless treasures of life.

Over the past years, Tsang has rolled out various theatrical meditative productions including "The Heart Sutra", "Vipassana-Silent Walk" and "Silence in the Woods". The "Orbit of The Bowl" is Tsang's second short video after "The Light of Metempsychosis", in which he further explores the possibilities of multimedia creation.

To watch the video, please visit the LCSD's Edutainment Channel at [www.lcsd.gov.hk/edutainment/en/performing\\_arts/page\\_645.html](http://www.lcsd.gov.hk/edutainment/en/performing_arts/page_645.html). For programme enquiries or more information, please call 2268 7323 or visit [www.lcsd.gov.hk/CE/CulturalService/Programme/en/multi\\_arts/programs\\_1221.html](http://www.lcsd.gov.hk/CE/CulturalService/Programme/en/multi_arts/programs_1221.html).

Another free online dance video, "Missing", from the "Dance on Screen" Series by local arts group Beyond Dance Theater is also available at the Edutainment Channel from now until December 10 (Friday). For more information, please visit [www.lcsd.gov.hk/CE/CulturalService/Programme/en/dance/programs\\_1238.html](http://www.lcsd.gov.hk/CE/CulturalService/Programme/en/dance/programs_1238.html).