

## Latest update during the COVID-19 health emergency



**Further update – for Sunday 6th September from Councillor Fraser Macpherson (West End) and Councillor Craig Duncan (Broughty Ferry)**

### CARE HOME VISITS

Professional health and social care services will be able to resume visits. Throughout the pandemic these non-essential visits had been paused. From Monday 7th September care homes can resume face-to-face care from a wide range of health and social care professionals, including podiatrists, physiotherapists, optometrists, dentists, social workers and mental health and disability specialists. Activity in indoor communal areas – for example lounges and dining areas – can resume safely too.

<https://www.gov.scot/news/health-and-well-being-visits-to-care-homes-to-resume/>

### QUARANTINE

Portugal and French Polynesia are being removed from the quarantine exemption list. If returning from these locations after 4am yesterday (Saturday) you are required to self-isolate at home, or another specified address, for 14 days on arrival in Scotland. Greece was also removed earlier last week. The arrangement is for the whole of these countries unlike the Welsh Government which has adopted a regional approach.

<https://www.gov.scot/news/further-quarantine-measures-introduced-for-travellers/>

After Willie Rennie MSP questioned the Scottish Government on the weaknesses in the quarantine spot checks, more money is to be invested in the contact centre to employ 25 new contact tracers.

<https://www.gov.scot/news/gbp-1-million-to-support-quarantine-efforts/>

## CHILDCARE

New support is available for the childcare sector to help pay for increased cleaning, new or additional equipment, better outdoor spaces or adaptations to buildings.

<https://www.gov.scot/news/help-for-childcare-providers/>

## UNIVERSITY AND COLLEGE ACCOMMODATION GUIDANCE

There is revised guidance for colleges, universities and student accommodation providers.

<https://www.gov.scot/news/safe-return-to-campus/>

## INFORMATION

UK Government news: [www.gov.uk/search/news-and-communications](http://www.gov.uk/search/news-and-communications)

Scottish Government Updates: [www.gov.scot/news](http://www.gov.scot/news)

Dundee City Council updates: [www.dundee.gov.uk/coronavirus-covid-19](http://www.dundee.gov.uk/coronavirus-covid-19)

NHS

Inform

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<https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19>

NHS Tayside website: [www.nhstayside.scot.nhs.uk](http://www.nhstayside.scot.nhs.uk)

Helpline for those who do not have symptoms but are looking for general health advice Tel: 0800 028 2816.

Health Protection Scotland Guidance –  
[www.hps.scot.nhs.uk/a-to-z-of-topics/covid-19](http://www.hps.scot.nhs.uk/a-to-z-of-topics/covid-19)

Federation of Small Businesses: [www.fsb.org.uk/coronavirus](http://www.fsb.org.uk/coronavirus)

Helpline for small businesses, Monday to Friday, 8.30am to 5.30pm. Tel: 0300 303 0660.

Ready Scotland Information – [www.readyscotland.org/coronavirus](http://www.readyscotland.org/coronavirus)

Tayside Cares – [www.taysidecares.co.uk](http://www.taysidecares.co.uk)

#### SUPPORT AND ADVICE

This has been an anxious and uncertain time but we want you to know that we are here to try to help constituents in whatever way that we can.

#### CONTACT DETAILS

WEST END WARD – Bailie Fraser Macpherson

Phone – Dundee 459378 (home)

E-mail – [fraser.macpherson@dundeecity.gov.uk](mailto:fraser.macpherson@dundeecity.gov.uk)

Facebook updates : [www.facebook.com/dundewestend](http://www.facebook.com/dundewestend)