

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Health hazards of hot environment at work" on May 23 (Wednesday). The talk, designed for workers in hot environments to enhance their awareness of heat stroke prevention, will introduce symptoms of heat stroke, its first aid treatment and preventive measures.

The talk, to be given by the LD's occupational health nurse and occupational hygienist, will be held at 6.30pm at Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Prevention of upper limb disorders" on May 30 (Wednesday). The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues.

The talk will be held at 2.30pm at the lecture room of Fanling Occupational Health Clinic (7/F, Fanling Health Centre, 2 Pik Fung Road, Fanling), during which an occupational health nurse from the LD will lead demonstrations and practice of workplace exercise.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.