

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Manual Handling Operations and Prevention of Back Injuries" on December 6 (Friday). The talk will introduce the structure and functions of the back, causes and preventive measures of back injuries, and proper manual handling operations, with demonstrations and practice of workplace exercises.

The talk will be given by the LD's occupational hygienist and occupational health nurse at 3.30pm at the Lecture Theatre of the Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Strategies for the Prevention of Occupational Diseases" on December 13 (Friday). The talk will introduce some common hazards causing occupational diseases and a hierarchy of control measures to enhance employees' and employers' awareness of strategies for the prevention of occupational diseases.

The talk will be given by the occupational health nurse at 3.30pm at the Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR Tsuen Wan I, 68 Chung On Street, Tsuen Wan.

Both talks will be given in Cantonese. Admission is free but pre-registration is required. Interested participants can register online (www.oshsreg.gov.hk/en). For enquiries, please call 2852 4040.