

# Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Occupational Health in Catering Industry" on October 23 (Wednesday). The talk will introduce the occupational health hazards and their preventive measures for employees working in catering industry to enhance their awareness of occupational health. Demonstration and practice of workplace exercise are included.

The talk will be given by the LD's occupational health nurse at 3.30pm at the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

The LD will hold another talk entitled "Occupational Health of Office Workers Series (I) Health Hints on the Use of Computer" on October 28 (Monday). The talk will briefly introduce the Occupational Safety and Health (Display Screen Equipment) Regulation, and elaborate on the occupational health hazards and preventive measures associated with prolonged use of computers, to enhance employees' occupational health awareness. Demonstrations and practice of workplace exercises will also be included.

The talk will be given by the occupational hygienist and occupational health nurse at 6.30pm at the Lecture Theatre of the Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

Both talks will be given in Cantonese. Admission is free but pre-registration is required. Interested participants can register online ([www.oshsreg.gov.hk](http://www.oshsreg.gov.hk)). For enquiries, please call 2852 4040.