

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Prevention of upper limb disorders" on October 4 (Thursday). To enhance employees' awareness of occupational safety and health, the talk will introduce the causes and preventive measures of upper limb disorders, and include demonstrations and practice of workplace exercise.

The talk will be held at 3pm at Activity Room 1, G/F, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Chemical and occupational health" on October 11 (Thursday) on how chemicals enter the human body, their impact on health, as well as preventive measures.

The talk will be held at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

Both talks will be given by the LD's occupational health nurse in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.