Labour Department to hold occupational health public talks

â€<The Labour Department (LD) will hold a public talk entitled "Prevention of Heat Stroke at Work in a Hot Environment" on June 16 (Thursday) at 3.30pm. The talk, designed for workers working in hot environments to raise their awareness of heat stroke prevention, will cover symptoms of heat stroke, its first aid treatment and preventive measures. The talk will be given by the LD's occupational hygienist and occupational health nurse.

The LD will hold another talk, entitled "Prevention of Upper Limb Disorders", on June 22 (Wednesday) at 3.30pm. The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues. The talk will be given by the LD's occupational health nurse. Demonstrations and practice of workplace exercises will also be included.

Both talks will be conducted in Cantonese at the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui. Admission is free but pre-registration is required. Interested participants can register online (www.oshsreg.gov.hk). On-site registration is not available. Infection control measures taking into account the latest epidemic developments will be adopted at the venue. For enquiries, please call 2852 4040.