

# Labour Department to hold occupational health public talks

â€‹The Labour Department (LD) will hold a public talk entitled "Work and Cardiovascular and Cerebrovascular Diseases" on May 16 (Monday) at 3.30pm. The talk will introduce healthy lifestyles and tips on protecting the heart and brain in the workplace to enhance employers' and employees' awareness of cardiovascular and cerebrovascular diseases.

The LD will hold another talk entitled "First Aid in the Workplace" on May 23 (Monday) at 3.30pm. The talk will introduce basic first aid knowledge and explain how to assist and handle injured employees in workplace accidents through case illustrations.

Both talks will be given by the LD's occupational health nurse in Cantonese at the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui. Admission is free but pre-registration is required. Interested participants can register online ([www.oshsreg.gov.hk](http://www.oshsreg.gov.hk)). On-site registration is not available. Infection control measures taking into account the latest epidemic developments will be adopted at the venue. For enquiries, please call 2852 4040.