

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Occupational health for workers in pre-primary educational services" on November 3 (Wednesday) to enhance their awareness on occupational health. The talk, designed for workers in pre-primary educational services, will elaborate on occupational health hazards and their preventive measures, and will also include demonstrations and practice of workplace exercises.

The talk will be given by the LD's occupational health nurse at 3.30pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

The LD will hold another talk entitled "Prevention of lower limb disorders and guidance notes on standing at work" on November 9 (Tuesday). The talk will introduce symptoms of common lower limb disorders such as plantar fasciitis, varicose vein and osteoarthritis of knee, as well as their treatment and preventive measures. Demonstrations and practice of workplace exercises are included. Participants will also be briefed on the content of the LD's publication "Guidance Notes on Standing at Work and Service Counter Design".

The talk will be given by the LD's occupational hygienist and occupational health nurse at 6.30pm in the Lecture Theatre of the Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

Both talks will be given in Cantonese. Admission is free but pre-registration is required. On-site registration is not available. Infection control measures taking into account the latest epidemic developments will be adopted at both venues. For enquiries or registration, please call 2852 4040.