

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Health hazards of hot environment at work" on July 16 (Monday). The talk, designed for workers in hot environments to enhance their awareness of heat stroke prevention, will include symptoms of heat stroke, its first aid treatment and preventive measures.

The talk, to be given by the LD's occupational health nurse and occupational hygienist, will be held at 3pm in Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Occupational health series for office workers (I): Health hints on the use of computer" on July 23 (Monday). The talk will briefly introduce the Occupational Safety and Health (Display Screen Equipment) Regulation, as well as the occupational health hazards and preventive measures associated with prolonged use of computers, so as to enhance employees' occupational health awareness.

The talk will be held at 6.30pm in Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay. To be given by the LD's occupational hygienist and occupational health nurse, the talk will include demonstrations and practice of workplace exercise.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.