

# Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Occupational stress" on July 5 (Thursday) to introduce the symptoms and health impacts of occupational stress, and explain through case illustrations some effective stress-coping strategies.

The talk, to be given by the LD's occupational health nurse, will be held at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

The LD will hold another talk entitled "Occupational safety and health (OSH) for confined space workers" on July 13 (Friday). To enhance workers' OSH awareness in confined spaces, the talk will explain the related OSH hazards as well as their preventive measures.

The talk, to be given by the LD's occupational hygienist, occupational safety officer and occupational health nurse, will be held at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.