Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "First aid in the workplace" on December 11 (Wednesday). The talk will cover basic information on first aid and explain how to assist and handle injured employees in workplace accidents through case illustrations.

The talk will be given by the LD's occupational health nurse at 6.30pm in Activity Room 1, G/F, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Manual handling operations and prevention of back injuries" on December 16 (Monday). The talk will provide a brief account of the structure and functions of the back as well as causes and preventive measures of back injuries.

The talk will be held at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui. The LD's occupational health nurse and occupational hygienist will also explain proper manual handling operations and lead a demonstration and practice of workplace exercise.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.