Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "Occupational health series for office workers (I): Health hints on the use of computer" on July 5 (Friday). The talk will briefly introduce the Occupational Safety and Health (Display Screen Equipment) Regulation, as well as the occupational health hazards and preventive measures associated with prolonged use of computers, so as to enhance employees' occupational health awareness.

The talk will be given by the LD's occupational hygienist and occupational health nurse at 3pm in the Lecture Hall of the Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui. It will include demonstrations and practice of workplace exercise.

The LD will hold another talk entitled "Occupational safety and health (OSH) for confined space workers" on July 12 (Friday). To enhance workers' OSH awareness in confined spaces, the talk will explain the related OSH hazards as well as their preventive measures.

The talk will be given by the LD's occupational hygienist, occupational safety officer and occupational health nurse at 3pm in Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.