

Labour Department to hold occupational health public talks

The Labour Department (LD) will hold a public talk entitled "First aid in the workplace" on January 4 (Friday). The talk will introduce basic knowledge of first aid and explain how to assist and handle injured employees in workplace accidents through case illustrations.

The talk will be held at 3pm in Activity Room 1, G/F, Hong Kong Central Library, 66 Causeway Road, Causeway Bay.

The LD will hold another talk entitled "Occupational health for couriers" on January 10 (Thursday). Musculoskeletal disorders and heat-related illness like heat stroke are common occupational health hazards facing couriers. This talk will discuss the causes of and preventive measures for these hazards. Demonstrations of workplace exercises will also be included.

It will be held at 3pm in the Health Education Room of the LD's Occupational Safety and Health Centre, which is located at G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong.

Both talks will be given by the LD's occupational health nurse in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.