## Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) regularly organises courses and public health talks on the prevention of heat stroke and occupational health to raise awareness among both employers and employees regarding occupational health.

Details of five courses and health talks in September on the prevention of heat stroke at work are as follows:

(1)

Dates and time: September 5 and 23 (Half-day (am)); September 12 and 26 (Half-day (pm)) Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR.Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories Enrolment method: Download the application form (www.labour.gov.hk/eng/osh/form.htm) Enquiry hotline: 2940 7057

(2)

Date and time: September 4 (3.30pm to 5pm) Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong Enrolment method: Online registration for public talks on occupational health (www.oshsreg.gov.hk/en) Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in September:

(1)

Topic: Prevention of Upper Limb Disorders Content: The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues, with demonstrations and practice of workplace exercises. Date and time: September 2 (3.30pm to 4.45pm) Venue: Lecture Hall of the Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon Enrolment method: Online registration (www.oshsreg.gov.hk/en) Enquiry hotline: 2852 4040

(2)

Topic: Chemical and Occupational Health Content: The talk will elaborate on how chemicals enter the human body and their impact on health, as well as the prevention of chemical hazards. Date and time: September 10 (6.30pm to 7.45pm) Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway
Bay, Hong Kong
Enrolment method: Online registration (www.oshsreg.gov.hk/en)
Enquiry hotline: 2852 4040

## (3)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related risks as well as their preventive measures. Date and time: September 17 (3.30pm to 5pm) Venue: Lecture Hall of the Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon Enrolment method: Online registration (www.oshsreg.gov.hk/en) Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage (www.labour.gov.hk/eng/osh/content7.htm) or call 2852 4062.