

# Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) organises courses and public health talks on prevention of heat stroke and occupational health regularly to raise employers' and employees' awareness of occupational health.

Details of eight courses and health talks on the prevention of heat stroke at work in July are as follows:

(1)

Dates and Time: July 4, 15 and 22 (Half-day (am));

July 10 and 26 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

([www.labour.gov.hk/eng/osh/form.htm](http://www.labour.gov.hk/eng/osh/form.htm))

Enquiry hotline: 2940 7057

(2)

Dates and Time: July 11 and 19 (Half-day (am))

Venue: Occupational Safety and Health (OSH) Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration of courses in OSH Centre

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2361 8240

(3)

Date and Time: July 29 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration of public talks on occupational health

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in July:

(1)

Topic: Residential Care Home Workers – Infection Control in the Workplace

Content: The talk, designed for residential care home workers, will introduce how pathogenic micro-organisms such as bacteria and viruses may enter into the human body and affect one's health, and explain the concept of infection control in residential care homes.

Date and Time: July 9 (3.30pm to 4.45pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(2)

Topic: Occupational Stress

Content: The talk will introduce the symptoms and health impacts of occupational stress as well as some stress-coping strategies.

Date and Time: July 15 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: The talk will explain the related OSH hazards as well as their preventive measures to enhance workers' OSH awareness in confined spaces.

Date and Time: July 22 (6.30pm to 8pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage ([www.labour.gov.hk/eng/osh/content7.htm](http://www.labour.gov.hk/eng/osh/content7.htm)) or call 2852 4062.