

Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) organises courses and public health talks on prevention of heat stroke and occupational health regularly to raise employers' and employees' awareness of occupational health.

Details of nine courses and health talks on the prevention of heat stroke at work in June are as follows:

(1)

Dates and Time: June 11, 18 and 27 (Half-day (am));

June 4, 14 and 21 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

(www.labour.gov.hk/eng/osh/form.htm)

Enquiry hotline: 2940 7057

(2)

Dates and Time: June 4 and 24 (Half-day (am))

Venue: Occupational Safety and Health (OSH) Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration of courses in OSH Centre

(www.oshsreg.gov.hk/en)

Enquiry hotline: 2361 8240

(3)

Date and Time: June 3 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration of public talks on occupational health

(www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in June:

(1)

Topic: Prevention of Lower Limb Disorders and Guidance Notes on Standing at Work

Content: The talk will introduce symptoms of common lower limb disorders such as plantar fasciitis, varicose veins of lower limbs and osteoarthritis of the knee, as well as their treatment and preventive measures. Demonstrations and practice of workplace exercises will be included. Participants will also be briefed on the content of the LD's publication "Guidance Notes on Standing at

Work and Service Counter Design".

Date and Time: June 11 (6.45pm to 8.15pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(2)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: The talk will explain the related OSH hazards as well as their preventive measures to enhance workers' OSH awareness in confined spaces.

Date and Time: June 14 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

(3)

Topic: First Aid in the Workplace

Content: The talk will cover basic knowledge of first aid and explain how to assist and handle employees injured from workplace accidents through case illustrations.

Date and Time: June 24 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration (www.oshsreg.gov.hk/en)

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage (www.labour.gov.hk/eng/osh/content7.htm) or call 2852 4062.