

# Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) organises courses and public health talks on prevention of heat stroke and occupational health regularly to raise employers' and employees' awareness of occupational health.

Details of eight courses and health talks on the prevention of heat stroke at work in May are as follows:

(1)

Dates and Time: May 3, 17 and 30 (Half-day (am));

May 9 and 23 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

([www.labour.gov.hk/eng/osh/form.htm](http://www.labour.gov.hk/eng/osh/form.htm))

Enquiry hotline: 2940 7057

(2)

Dates and Time: May 21 (Half-day (am))

Venue: Occupational Safety and Health (OSH) Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration of courses in OSH Centre

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2361 8240

(3)

Date and Time: May 8 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration of public talks on occupational health

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(4)

Date and Time: May 14 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration of public talks on occupational health

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in May:

(1)

Topic: Work and Common Gastrointestinal Diseases

Content: The talk will introduce the causes, symptoms and treatments of some common gastrointestinal diseases. It will also highlight the mutual influence between work and common gastrointestinal diseases and their preventive measures.

Date and Time: May 27 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Science Museum, 2 Science Museum Road, Tsim Sha Tsui East, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(2)

Topic: Manual Handling Operations and Prevention of Back Injuries

Content: The talk will introduce the structure and functions of the back, causes and preventive measures of back injuries and proper manual handling operations, with demonstrations and practice of workplace exercises.

Date and Time: May 28 (6.30pm to 8pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage ([www.labour.gov.hk/eng/osh/content7.htm](http://www.labour.gov.hk/eng/osh/content7.htm)) or call 2852 4062.