

# Labour Department to hold courses and public talks on prevention of heat stroke at work and occupational health

The Labour Department (LD) organises courses and public health talks on prevention of heat stroke and occupational health regularly to raise employers' and employees' awareness of occupational health.

Details of six courses and health talks on the prevention of heat stroke at work in September are as follows:

(1)

Dates and Time: September 7 and 19 (Half-day (am));

September 4, 12 and 25 (Half-day (pm))

Venue: Occupational Safety and Health Training Centre of the LD, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

Enrolment method: Download the application form

([www.labour.gov.hk/eng/osh/form.htm](http://www.labour.gov.hk/eng/osh/form.htm))

Enquiry hotline: 2940 7057

(2)

Date and Time: September 11 (3.30pm to 5pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration of public talks on occupational health

([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

In addition, the LD will hold the following occupational health public talks in September:

(1)

Topic: Prevention of Upper Limb Disorders

Content: The talk will introduce the causes and preventive measures of upper limb disorders to enhance employees' awareness of the issues with demonstrations and practice of workplace exercises.

Date and Time: September 6 (3.30pm to 4.45pm)

Venue: Health Education Room, Occupational Safety and Health Centre of the LD, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong, Kowloon

Enrolment method: Online registration ([www.oshsreg.gov.hk/en](http://www.oshsreg.gov.hk/en))

Enquiry hotline: 2852 4040

(2)

Topic: Chemical and Occupational Health

Content: The talk will elaborate on how chemicals enter the human body and their impact on health, as well as the prevention of chemical hazards.

Date and Time: September 19 (6.30pm to 7.45pm)

Venue: Lecture Theatre, Hong Kong Central Library, 66 Causeway Road, Causeway Bay, Hong Kong

Enrolment method: Online registration ([www.oshreg.gov.hk/en](http://www.oshreg.gov.hk/en))

Enquiry hotline: 2852 4040

(3)

Topic: Occupational Safety and Health (OSH) for Confined Space Workers

Content: To enhance workers' OSH awareness of working in confined spaces, the talk will explain the related hazards as well as their preventive measures.

Date and Time: September 25 (3.30pm to 5pm)

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon

Enrolment method: Online registration ([www.oshreg.gov.hk/en](http://www.oshreg.gov.hk/en))

Enquiry hotline: 2852 4040

All courses and public talks will be given by the LD's occupational hygienist, occupational safety officer or occupational health nurse in Cantonese. Admission is free.

The LD also provides a free-of-charge outreach health education service. For details, please visit the department's webpage ([www.labour.gov.hk/eng/osh/content7.htm](http://www.labour.gov.hk/eng/osh/content7.htm)) or call 2852 4062.