

HSL: Upper Limb Disorders Risk Assessment of Repetitive Tasks – Buxton, 13 July 2017

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HSL is to run a 1 day course on Upper Limb Disorders Risk Assessment of Repetitive Tasks.

13 July 2017

Introduction

Musculoskeletal Disorders (MSDs) are the most common occupational illness in Britain affecting over 500,000 people a year. Nearly half of these illnesses are joint injuries and repetitive strain injuries of various sorts affecting the upper limbs.

To support employers, health and safety professionals and inspectors with risk assessing repetitive work, the Health and Safety Laboratory and Health and Safety Executive have developed the Assessment of Repetitive Tasks (ART) tool. Launched in Spring 2010, the ART tool is used to assess the frequent handling of light loads or other repetitive tasks that can contribute to upper limb disorders (ULDs).

This course will equip you with the knowledge to use the ART tool to help recognise, assess, and reduce upper limb disorder risks in your organisation. It will benefit those already involved in workplace MSD risk management (e.g. manual handling risk assessments) who wish to expand their knowledge on the topic of upper limb disorders.

What will the course cover?

- Common ULDs and their development
- Key ULD risk factors
- ULD risk management (including legal duties)
- ULD risk assessment using the ART tool
- Practise using the ART tool with case studies
- ULD risk controls

Who should attend?

Employers and their representatives who wish to undertake or improve ULD risk assessment and control within their organisation

Health and safety or occupational health professionals who wish to learn about the ART tool, or further their abilities in this area.

The course is targeted at organisations that carry out some manual production, processing, packaging, packing, and sorting activities. The course will not cover assessment of Display Screen Equipment (DSE)

Previous experience of manual handling risk assessment is beneficial but not required.

Venue

The course will be run at the HSL laboratory in the spa town of Buxton. Buxton is in the heart of the Peak District and has good links to mainline train stations and Manchester International Airport.

Details of hotels in the Buxton area can be found at www.visitbuxton.co.uk

Cost

The cost of this course is £450 per person (includes course notes, lunch and refreshments).

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Please note the invoice option is not available within 4 weeks of the course date, or for overseas customers. If you are selecting the invoice option for payment, it will be mandatory to input a purchase order/reference number as we are unable to process booking forms without this.

For further dates and additional information email: training@hsl.gsi.gov.uk or contact the Training & Conferences Unit at HSL directly on +44 (0)1298 218806.

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