

# HSL: RPE Fit Test-Introduction – Buxton, 20 July 2017

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HSL is to run a 1 day course on RPE Fit Test – Introduction.

**20 July 2017**

## **Introduction**

Tight-fitting Respiratory Protective Equipment (RPE) needs to fit the wearer's face well in order to work correctly and provide the expected protection. As faces come in all shapes and sizes, each wearer needs to be supplied with a facepiece which matches their face. Fit testing demonstrates how well a facepiece matches the individual's face; it is used to select a facemask which is a good match for them. HSE's relevant Approved Codes Of Practice (ACOP) require that fit testing be carried out as part of the initial RPE selection process, to ensure that the wearer has the correct facepiece.

This course will explain the importance of fit testing, the responsibilities of employers and introduce the various fit testing methods. Practical sessions will cover the essential skills of pre-use checking and correct donning of facepieces, before going on to provide opportunity to practice fit testing using the 2 methods which are extensively and almost exclusively in use in the UK. It is therefore ideal for those new to, or relatively new to, practical fit testing and also suitable for those with responsibility for correct selection of respiratory protection.

This is in an introductory course which will provide a good foundation on which to build practical fit testing skills. To become a competent fit tester will require considerable additional practice and experience. Our [Respiratory Protective Equipment \(RPE\) fit testing – Advanced](#) course is suitable for those who are well on the way to becoming competent fit testers and are possibly considering applying for accreditation under the Fit2Fit scheme.

All course presenters are Fit2Fit accredited fit testers, some were actively involved in the development of the Fit2Fit scheme.



## **This Introduction Course includes:**

- Understanding the importance of fit testing
- Principles of fit testing methods
- Essential pre-use checking and correct donning of facemasks
- Responsibilities of employers and fit testers
- Qualitative fit testing using Bitrex or Saccharin
- Quantitative fit testing using the Portacount

## **Who should attend:**

Individuals who are new to or relatively new to practical fit testing and those with responsibility for correct selection of respiratory protection.

More information on the Fit2Fit scheme is available at <http://fit2fit.org/index.html>

## **Venue**

The course will be run at the HSL laboratory in the spa town of Buxton. Buxton is in the heart of the Peak District and has good links to mainline train stations and Manchester International Airport.

Details of hotels in the Buxton area can be found at [www.visitpeakdistrict.com](http://www.visitpeakdistrict.com).

## **Cost**

The discounted cost of this course is £600 per person (includes course notes, lunch and refreshments).

### **Comments & Feedback**

"The team/trainers were fantastic and brimmed with knowledge, not just the technical elements, but down to earth 'working' solutions that can be applied in the workplace. In one word fantastic. I would thoroughly recommend HSL, a great organisation! Please keep providing training, there is no service/training provider like the HSL."

*Richard Browne (CARE UK)*

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**Please note the invoice option is not available within 4 weeks of the course date, or for overseas customers. If you are selecting the invoice option for payment, it will be mandatory to input a purchase order/reference number as we are unable to process booking forms without this.**

For further dates and additional information email: [training@hsl.gsi.gov.uk](mailto:training@hsl.gsi.gov.uk)  
or contact the Training & Conferences Unit  
at HSL directly on +44 (0)1298 218806.

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