

# HSL: Biological Monitoring for Chemical Exposures at Work – Buxton, 9 Mar 2017

## [Book Course](#)

HSL is to run a 1/2 day course on Biological Monitoring for Chemical Exposures at Work.

**9 March 2017**

Biological monitoring is a useful tool for occupational hygiene and health professionals. It is based on the analysis of hazardous substances or their metabolites in urine, blood or breath, and is used to assess chemical exposures by inhalation, ingestion and absorption through the skin.

Biological monitoring is particularly valuable where substances may be absorbed through the skin or where control of exposure relies on personal protective equipment. It can also be used to investigate the behavioural aspects of exposure controls.

This workshop is an overview of biological monitoring and how it can enhance the service that occupational hygiene and health professionals offer.

- An introduction to biological monitoring.
- Practicalities – how to establish a biological monitoring programme.
- View from a practitioner – using biological monitoring to assess chemical exposures.
- Practical session – small group working using a case study.
- Interpreting results – understanding and acting on the results received.

The workshop is designed for occupational hygiene and health providers who are interested in what biological monitoring can do for them and their clients and for company employees specifically responsible for worker health protection.

### **Comments & Feedback**

*“Excellent, well worth the time.”*

*Andrew Booth, RPS Business Healthcare*

The course will be run at the HSL laboratory in the spa town of Buxton. Buxton is in the heart of the Peak District and has good links to mainline train stations and Manchester International Airport.

Details of hotels in the Buxton area can be found at [www.visitbuxton.co.uk](http://www.visitbuxton.co.uk)

### Cost

The cost of this course is £295 per person (includes course notes, takeaway lunch and refreshments). A special offer is available to those attending the

[Measurement of Hazardous Substances](#) course.

### [Book Course](#)

Please note the invoice option is not available within 4 weeks of the course date, or for overseas customers. If you are selecting the invoice option for payment, it will be mandatory to input a purchase order/reference number as we are unable to process booking forms without this.

For further dates and additional information email: [training@hsl.gsi.gov.uk](mailto:training@hsl.gsi.gov.uk) or contact the Training & Conferences Unit at HSL directly on +44 (0)1298 218806.

[Back to Health & Safety Training Courses](#)

[Back to the top](#)