

# Hospital staff and patients celebrate Winter Solstice and savour delicacies together (with photos)

The following is issued on behalf of the Hospital Authority:

Winter Solstice is a major occasion when every household gathers to celebrate and share delicious food. Different clusters of the Hospital Authority (HA) have arranged festive delicacies for patients, allowing both medical staff and patients to reunite.

The staff of Catering Services at Caritas Medical Centre handmade about 800 Vegetable and Meat Dumplings with Hot Broth as a gesture of care for hospitalised patients who can consume them. The plump dumplings, served with steaming hot chicken soup, add warmth to the cold Winter Solstice.

Additionally, Kowloon Hospital has prepared a special dish – Bean Curd Rolls – for inpatients. For patients with special chewing and swallowing needs, they can enjoy Sweet Steamed Tofu Custard with Red Bean Paste, adding a sense of sweetness to their winter.

After the Winter Solstice, daylight hours will gradually increase, which ancient peoples viewed as the rise of positive energy. The HA wishes all patients a happy Winter Solstice and good health.



